## Contemplative Prayer a Lenten Retreat



led by

Metropolitan Jonah

Saturday, March 24th

Saint Herman of Alaska Orthodox Church
60 Clifton Chapel Ln
Stafford, VA 22554

9:30AM - 5:00PM
Akathist Hymn to the Theotokos followed by Divine Liturgy lunch provided

## Meditations and Discussion on the Prayer of Stillness

please RSVP to <u>orthodoxchristianretreat@gmail.com</u> Registration \$35

All are welcome!