



Sunday, February 7, 2016

# St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Great Vespers & Confessions each Saturday at 6 pm – Adult Religious Education (Divine Liturgy) each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am  
60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: [www.sthermanorthodox.org](http://www.sthermanorthodox.org)

## Liturgical Services / Activities

### This Week:

**Sun. Feb. 7/Jan. 25** **36<sup>th</sup> Sunday after Pentecost: Holy New Martyrs and Confessors of Russia**  
**9:15 a.m.** Congregational Singing Practice  
**9:45 a.m.** Reading of the Third Hour  
**10:00 a.m.** Divine Liturgy followed by Fellowship Hour

**Wed. Feb. 10/Jan. 28** **Venerable Ephraim the Syrian (AD 373)**  
**7:00 p.m.** Adult Religious Education class on Divine Liturgy

**Sat. Feb. 13/Jan. 31** **St. Gregory the Theologian, Archbishop of Constantinople**  
**6:00 p.m.** Great Vespers followed by Holy Confessions

**Sun. Feb. 14/Feb. 1** **37<sup>th</sup> Sunday after Pentecost: Forefeast of the Meeting of our Lord; Martyr Tryphon of Campsada near Apamea in Syria (250)**  
**9:15 a.m.** Congregational Singing Practice  
**9:45 a.m.** Reading of the Third Hour  
**10:00 a.m.** Divine Liturgy followed by Fellowship Hour



*Holy New Martyrs and Confessors of Russia*

### 2016 Finances

The Parish needs \$1571.92 /week to meet budget

<u>Week</u>	<u>Amount Received</u>	<u>Difference from amount needed</u>
<b>Year-to-date</b>	\$ 9217.00	+ \$ 5444.62
January 24	\$00.00	\$00.00 ( <i>Services cancelled due to snow</i> )
January 31	\$2883.00	+ \$1311.08

*Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine. Proverbs 3:9-10*

### Attendance

Great Vespers, 1/30 – 7      Divine Liturgy, 1/31 – 44

### Intercessory Prayer List

*Archpriest Alexander requests that you send him to full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for payer, so that we may keep the list current.*

LIVING: Rebecca Laymon, Judith (Maria) Cook, Ana Rosado-Nazario, Lana Campbell, Maria Connerley, Matushka Kathleen Webster, Emma Nicole Parkinson, Archpriest Michael Sekela, Tom Zakielarz, Patricia Connerley, Martha Connerley, Kathy Sekela, Mark Laymon, Kristin Blaylock, Janis Sergeant, Millicent Novic, Ray Liddick, Leonidas Stylianopoulos, Sophia Stylianopoulos, Chad Gallagher, Matushka Cindy Mitchell, Protodeacon Brian Patrick Mitchell, Presvytera Flora Chioros, Father Stanley Voyiazakis, Presvytera Katherine Baker, Peter Pederson, Monk Anthony (West Virginia), Archpriest George Larin, Matushka Masha Potopav, Matushka Sophia Doubleday, Evdokiya Bykon, Kevin McCarthy, James Dunham, Eleanor Magee, 2LT Benjamin Stracquatano, USA (Korea), James Puckett, Nora Milligan, Archpriest Victor Potapov, Philip Lockwood Swift, Dsa. Monica Pappas, Archpriest John Nehrebecki, Paisley Joanna Milligan, Emily Vasquez, Nicholas Bluma, Ronald Proctor, baby Aidan, Kris Broom, Dimas Lowry, William Supples, Sr., Archpriest Theodore Shomsky, Ann Yuschak, Sarah Heitke, Alex Woglom, James Woglom, the captive Orthodox bishops from Aleppo, Syria: His Eminence Archbishop Boulos (Yazigi) and Mar Archbishop Youhanna Ibrahim

MEMORY ETERNAL: Archpriest John Udics, Ron Dinus, Linda Dinus, Subdeacon Jerome (Jerald) Chiles, Matushka Hannah Romeo, Archimandrite Martin (Hohlfeld)

**Many Years!**

**Birthdays**

5 Sarah Kosch  
Patrick St. Clair  
8 Reader Steve Terrell  
11 Nicholas Siewers  
15 Deacon Nicholas Pappas  
21 Ana Rosado  
28 Diakonissa Monica Pappas

**Names Days (Julian calendar)**

3 Maximos Heitke  
4 Wyatt (Timothy) Connerley  
Timothy St. Clair  
6 Gina Van Weddingen  
16 Anna Milligan

**Anniversaries**

2 Susan Kooney & George Jett  
21 Reader Moses & Mrs. Swift

**Aquia's Table**

We will be cooking and serving at Aquia's Table again on 24 February. That date happens to be fast-free so we'll all be able to sit down and eat what we cook for a change. A sign-up board will be posted in the fellowship hall early in February.

**Home Blessings**

The season for home blessings is with us again! If you would like Archpriest Alexander to bless your home please contact him to schedule an appointment. Home blessings will be offered from Theophany to the beginning of Great Lent and if needed will be offered again after Pascha.

**Adult Religious Education**

Weeknight Adult Religious Education has resumed. The current series focuses on the Divine Liturgy, why we worship the way we do, and what every detail of the Divine Liturgy means both historically and for us today. You do not need to have attended the previous sessions to attend.

**HOLY CONFESSIONS**

Faithful communion in the Holy Mysteries requires faithful participation in the Holy Mystery of Confession. To apply Fr. Thomas Hopko's felicitous phrase "regular and disciplined communion" also to Confession entails Holy Confession ideally each month by those faithful who expect to receive the Body and Blood of Our Lord at each Sunday Divine Liturgy. The timing may be extended through the practice of "oikonomia" (exception for the greater good of both the person and the community) to once every two months.



However, Holy Confession less frequent than bi-monthly is, according to the guidance of our recent hierarch, His Beatitude Metropolitan Jonah, inadequate preparation for receiving the Body and Blood of our Lord. Regular opportunities for Holy Confession at St Herman of Alaska Orthodox Mission include the following: each Saturday after Great Vespers, each Wednesday evening before the Adult Religious Education class (that is, from 6 p.m. until 6:45 p.m.), Sundays after Divine Liturgy upon request, and by appointment at other times. Of course, parishioners may have established previous relations with other Orthodox priest-confessors that they may wish to continue. If that is the case, I ask only that such parishioners let me know the names of their priest-confessors, so that I can be confident that the spiritual relation is strong. Please honor the minimum standard for this necessary spiritual discipline and vital sacramental opportunity.

~ Archpriest Alexander

**IOCC Internship Program in 2016**

IOCC internships (for college students or recent grads at least 18 years of age) typically require a 10 to 12 week full-time commitment May – September. In 2016 there will be three opportunities for IOCC interns; two in the US and one in Greece, as follows:

- Development Intern at our Baltimore (Towson), MD International Headquarters;
- US Program intern at our Minneapolis field office with some travel to home build sites in New Orleans, Oklahoma City, and Columbia, SC;
- Program intern for Greece based in Athens, GREECE.

All interns will receive stipends. *The Minneapolis and Baltimore interns will be responsible for their own housing.* The intern in Greece will also receive housing. **The application deadline is February 29 !**

POC: Daniel Christopulos, IOCC Country Representative - USA: email = [dchristopulos@iocc.org](mailto:dchristopulos@iocc.org) ; (952) 930-3286 voice Minneapolis field office

*We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 -- all FM) and WTOP.com Any closings will also be posted on the home page of our website and via email to those who have asked to be on our electronic mailing list.*



**Fellowship Hour**

Feb. 7 ~ Fellowship hosted by Team 1  
Feb. 14 ~ Fellowship hosted by Team 2

If anyone has any questions or is interested in hosting a particular Sunday please contact Maria Connerley.



**Reader Schedule**

Feb. 7 ~ Reader Steve Terrell  
Feb. 14 ~ Reader Steve Mirov

If you are interested in assisting with the reading and becoming a tonsured reader please contact Deacon Alexander.



**Prosfora**

Stella Jordan is currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

