



Sunday, March 20, 2016

St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Great Vespers & Confessions each Saturday at 6 pm – Adult Religious Education (Divine Liturgy) each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am
60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: www.sthermanorthodox.org

Liturgical Services / Activities

This Week:

Sun. Mar. 20/Mar. 7 First Sunday of the Great Lent: Triumph of Orthodoxy: The Holy Hieromartyrs of Cherson: Basil, Ephraim, Capito, Eugene, Aetherios, Elpidios and Agathodoros (4th c.)

9:15 a.m. Congregational Singing Practice
9:45 a.m. Reading of the Third Hour
10:00 a.m. Divine Liturgy followed by Fellowship Hour
5:30 p.m. Sunday of Orthodoxy Vespers at St. Sophia Greek Orth. Cathedral, Washington, DC

Wed. Mar. 23/Mar. 10 St. Sophronios, patriarch of Jerusalem (AD 638)

7:00 p.m. Presanctified Liturgy

Sat. Mar. 26/Mar. 13 Venerable Benedict of Nursia, abbot (AD 543)

6:00 p.m. Great Vespers followed by Holy Confessions

Sun. Mar. 27/Mar. 14 Second Sunday of the Great Lent: St. Gregory Palamas the Archbishop of Thessalonica

9:15 a.m. Congregational Singing Practice
9:45 a.m. Reading of the Third Hour
10:00 a.m. Divine Liturgy followed by Fellowship Hour



First Sunday of the Great Lent: Triumph of Orthodoxy

2016 Finances

The Parish needs \$1571.92 /week to meet budget

<u>Week</u>	<u>Amount Received</u>	<u>Difference from amount needed</u>
Year-to-date	\$ 19,244.16	+ \$ 6040.26
March 6	\$2421.90	+ \$849.98
March 13	\$986.00	- \$585.92

Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine. Proverbs 3:9-10

Attendance

Great Vespers, 3/12 – 6 Divine Liturgy, 3/13 – 47 Great Compline, 3/16 – 14

Intercessory Prayer List

Archpriest Alexander requests that you send him to full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for prayer, so that we may keep the list current.

LIVING: Rebecca Laymon, Judith (Maria) Cook, Ana Rosado-Nazario, Lana Campbell, Maria Connerley, Matushka Kathleen Webster, Emma Nicole Parkinson, Archpriest Michael Sekela, Tom Zakielarz, Patricia Connerley, Martha Connerley, Kathy Sekela, Mark Laymon, Kristin Blaylock, Janis Sergeant, Millicent Novic, Ray Liddick, Leonidas Stylianopoulos, Sophia Stylianopoulos, Chad Gallagher, Matushka Cindy Mitchell, Protodeacon Brian Patrick Mitchell, Presvytera Flora Chioros, Father Stanley Voyiazakis, Presvytera Katherine Baker, Peter Pederson, Monk Anthony (West Virginia), Archpriest George Larin, Matushka Masha Potopav, Matushka Sophia Doubleday, Evdokiya Bykon, Kevin McCarthy, James Dunham, Eleanor Magee, 2LT Benjamin Stracquatano, USA (Korea), James Puckett, Nora Milligan, Archpriest Victor Potapov, Dsa. Monica Pappas, Archpriest John Nehrebecki, Paisley Joanna Milligan, Emily Vasquez, Nicholas Bluma, Ronald Proctor, baby Aidan, Kris Breem, Dimas Lowry, William Supples, Sr., Archpriest Theodore Shomsky, Ann Yuschak, Sarah Heitke, Alex Woglom, James Woglom, Archimandrite Iov (Holy Trinity Monastery), Archpriest Anastasy Yatrelis, the captive Orthodox bishops from Aleppo, Syria: His Eminence Archbishop Boulos (Yazigi) and Mar Archbishop Youhanna Ibrahim

MEMORY ETERNAL: Philip Lockwood Swift, Reader John Grecco

Attention Parents

With warmer weather approaching, we ask that the children eat in the Fellowship Hall and refrain from taking their lunch out to the playground. Food left outside attracts bees and other unwanted bugs to the playground, and eating in the Fellowship Hall helps keep clean up to one area. Thank you for your help with this.

Volunteer Needed

Stella Jordan, our current parish treasurer, has decided to take a break after this year. We are looking for a volunteer willing to take over the treasurer duties next year. The reason for announcing this so early is to allow the perspective treasurer to learn the job and software by shadowing Stella this year. If anyone is interested please contact Archpriest Alexander, Deacon Alexander, Stella, or Jason Connerley.

Altar Boys (& Men) Needed

We need Orthodox males, at least 7 years of age, as well as older men, to serve in the altar during Divine Liturgies. No experience is necessary and training will be provided. Please contact Deacon Alexander for more information.

Sisterhood of the Myrrhbearing Women

The Sisterhood is open to all women in the parish and all are encouraged to join. Your dues are used in our efforts to support our church, the Sunday School and the fellowship hall.

Adult Religious Education

Weeknight Adult Religious Education classes will continue during Great Lent immediately following the special Lenten liturgies each Wednesday at 7 pm. The current series focuses on the Divine Liturgy, why we worship the way we do, and what every detail of the Divine Liturgy means both historically and for us today. You do not need to have attended the previous sessions to participate.



Fellowship Hour

Mar. 20 ~ Fellowship hosted by Team 3
Mar. 27 ~ Fellowship hosted by Team 4

If anyone has any questions or is interested in hosting a particular Sunday please contact Judith Cook.



Reader Schedule

Mar. 20 ~ Reader Steve Terrell
Mar. 27 ~ Reader Moses (Palmer) Swift

If you are interested in assisting with the reading and becoming a tonsured reader please contact Deacon Alexander.



Prosfora

Nancy St. Clair is currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.



Home Blessings

The season for home blessings has passed. Home blessings will resume, upon request to Fr. Alexander, after Pascha on 1 May.



We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 -- all FM) and WTOP.com Any closings will also be posted on the home page of our website and via email to those who have asked to be on our electronic mailing list.


HOLY CONFESSIONS

Faithful communion in the Holy Mysteries requires faithful participation in the Holy Mystery of Confession. To apply Fr. Thomas Hopko's felicitous phrase "regular and disciplined communion" also to Confession entails Holy Confession ideally each month by those faithful who expect to receive the Body and Blood of Our Lord at each Sunday Divine Liturgy. The timing may be extended through the practice of "oikonomia" (exception for the greater good of both the person and the community) to once every two months.



However, Holy Confession less frequent than bi-monthly is, according to the guidance of our recent hierarch, His Beatitude Metropolitan Jonah, inadequate preparation for receiving the Body and Blood of our Lord. Regular opportunities for Holy Confession at St Herman of Alaska Orthodox Mission include the following: each Saturday after Great Vespers, each Wednesday evening before the Adult Religious Education class (that is, from 6 p.m. until 6:45 p.m.), Sundays after Divine Liturgy upon request, and by appointment at other times. Of course, parishioners may have established previous relations with other Orthodox priest-confessors that they may wish to continue. If that is the case, I ask only that such parishioners let me know the names of their priest-confessors, so that I can be confident that the spiritual relation is strong. Please honor the minimum standard for this necessary spiritual discipline and vital sacramental opportunity.

~ Archpriest Alexander



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“O Lord and Master
of my life,
Take from me the spirit
of sloth, despair,
lust of power
and idle talk;

But give rather the spirit of chastity,
humility, patience, and love to Thy servant.

Yea, O Lord and King,
grant me to see my own transgressions
and not to judge my brother, for blessed
art Thou unto ages of ages. Amen.”

William (Seraphim) Daou Participates in the PWCS Student Leadership Conference

William (Seraphim) Daou, one of our altar servers at St. Herman's, recently participated in the 2016 PWCS Student Leadership Conference held at the Prince William Campus of George Mason University. The conference's goal is to “encourage student leaders to continue to seek out and accept leadership responsibilities and help train students for the current and emerging challenges leaders face”. William was interviewed by PWPC about the conference, and his interview can be seen at the following link: <https://youtu.be/284IgKQwaCE>

Congratulations William!



Seraphim serving during Metropolitan Hilarion's visit to St. Herman of Alaska