



Sunday, April 10, 2016

# St. Herman of Alaska Orthodox Church

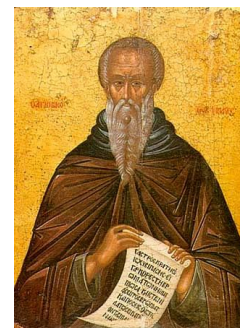
A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Great Vespers & Confessions each Saturday at 6 pm – Adult Religious Education (Divine Liturgy) each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am  
60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: [www.sthermanorthodox.org](http://www.sthermanorthodox.org)

## Liturgical Services / Activities

### This Week:

- Sun. Apr. 10/Mar. 28** **Fourth Sunday of the Great Lent: Venerable John Lestvichnik**  
**9:15 a.m.** Congregational Singing Practice  
**9:45 a.m.** Reading of the Third Hour  
**10:00 a.m.** Divine Liturgy followed by Fellowship Hour
- Wed. Apr. 13/Mar. 31** **St. Innocent of Moscow, enlightener of Alaska and Siberia**  
**7:00 p.m.** Presanctified Liturgy followed by Adult Religious Education
- Sat. Apr. 16/Apr. 3** **Venerable Joseph the Hymnographer of Sicily (AD 883)**  
**6:00 p.m.** Great Vespers followed by Holy Confessions
- Sun. Apr. 17/Apr. 4** **Fifth Sunday of the Great Lent: Venerable Mary of Egypt**  
**9:15 a.m.** Congregational Singing Practice  
**9:45 a.m.** Reading of the Third Hour  
**10:00 a.m.** Divine Liturgy followed by Fellowship Hour



Venerable John Lestvichnik

### 2016 Finances

The Parish needs \$1571.92 /week to meet budget

<u>Week</u>	<u>Amount Received</u>	<u>Difference from amount needed</u>
<b>Year-to-date</b>	\$ 24,252.16	+ \$ <b>6339.50</b>
March 27	\$965.00	- \$606.92
April 3	\$2761.00	+ \$1189.08

*Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine. Proverbs 3:9-10*

### Attendance

Great Vespers, 4/2 – 10      Divine Liturgy, 4/3 – 63      Divine Liturgy, 4/7 – 29

### Intercessory Prayer List

*Archpriest Alexander requests that you send him to full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for prayer, so that we may keep the list current.*

LIVING: Rebecca Laymon, Judith (Maria) Cook, Ana Rosado-Nazario, Lana Campbell, Maria Connerley, Matushka Kathleen Webster, Emma Nicole Parkinson, Archpriest Michael Sekela, Tom Zakielarz, Patricia Connerley, Martha Connerley, Kathy Sekela, Mark Laymon, Kristin Blaylock, Janis Sergeant, Millicent Novic, Ray Liddick, Leonidas Stylianopoulos, Sophia Stylianopoulos, Chad Gallagher, Matushka Cindy Mitchell, Protodeacon Brian Patrick Mitchell, Presvytera Flora Chioros, Father Stanley Voyiazakis, Presvytera Katherine Baker, Peter Pederson, Monk Anthony (West Virginia), Archpriest George Larin, Matushka Masha Potopav, Matushka Sophia Doubleday, Evdokiya Bykon, Kevin McCarthy, James Dunham, Eleanor Magee, 2LT Benjamin Stracquatano, USA (Korea), James Puckett, Nora Milligan, Archpriest Victor Potapov, Dsa. Monica Pappas, Archpriest John Nehrebecki, Paisley Joanna Milligan, Emily Vasquez, Nicholas Bluma, Ronald Proctor, baby Aidan, Kris Broom, Dimas Lowry, Archpriest Theodore Shomsky, Ann Yuschak, Sarah Heitke, Alex Woglom, James Woglom, Archimandrite Iov (Holy Trinity Monastery), Archpriest Anastasy Yatreliis, the captive Orthodox bishops from Aleppo, Syria: His Eminence Archbishop Boulos (Yazigi) and Mar Archbishop Youhanna Ibrahim

MEMORY ETERNAL: Anna Nosal, William Supples, Sr., Julia Mounts, Silas Jordon

### Adult Religious Education

Weeknight Adult Religious Education classes will continue during Great Lent immediately following the special Lenten liturgies each Wednesday at 7 pm. The current series focuses on the Divine Liturgy, why we worship the way we do, and what every detail of the Divine Liturgy means both historically and for us today. You do not need to have attended the previous sessions to participate.

## A Note From Deacon Alexander

Dear Brothers and Sisters in Christ,

I have recently learned that I need surgery to correct a problem that surfaced when I had a kidney stone removed a few years ago. The surgery has been scheduled for 8 April. I should be able to return home almost immediately but recovery is expected to last three weeks. During recovery I will have very limited mobility and my attendance at church will be problematic. The timing of this event is unfortunate because it will leave Fr. Alexander short-handed during the busiest time of the liturgical year. I appeal to our men and boys to make themselves available to assist Father, especially in the altar - no experience is necessary. God-willing, I will be serving again by Pascha.

Yours, in Christ,  
Deacon Alexander

### Mark Your Calendars for Spring Cleaning Day!

Spring Cleaning Day for the church, fellowship hall and grounds is scheduled for Saturday, April 23. We will starting at 9:00 am and finish at lunch time. Everyone is encouraged to help so we can be done quickly.

### Aquia's Table

St. Herman's will be cooking and serving again at Aquia's Table on Bright Wednesday, the 4th of May. We'll need cooks, bakers, food servers, beverage preparers, and a clean-up crew. A sign-up board will be posted in the fellowship hall. Please consider volunteering. It happens that that Wednesday is fast-free so we'll be able to eat what we cook. Contact Reader Moses should you have any questions.

### Volunteer Needed

Stella Jordan, our current parish treasurer, has decided to take a break after this year. We are looking for a volunteer willing to take over the treasurer duties next year. The reason for announcing this so early is to allow the perspective treasurer to learn the job and software by shadowing Stella this year. If anyone is interested please contact Archpriest Alexander, Deacon Alexander, Stella, or Jason Connerley.

### Altar Boys (& Men) Needed

We need Orthodox males, at least 7 years of age, as well as older men, to serve in the altar during Divine Liturgies. No experience is necessary and training will be provided. Please contact Deacon Alexander for more information.

### HOLY CONFESSIONS

Faithful communion in the Holy Mysteries requires faithful participation in the Holy Mystery of Confession. To apply Fr. Thomas Hopko's felicitous phrase "regular and disciplined communion" also to Confession entails Holy Confession ideally each month by those faithful who expect to receive the Body and Blood of Our Lord at each Sunday Divine Liturgy. The timing may be extended through the practice of "oikonomia" (exception for the greater good of both the person and the community) to once every two months. However, Holy Confession less frequent than bi-monthly is, according to the guidance of our recent hierarch, His Beatitude Metropolitan Jonah, inadequate preparation for receiving the Body and Blood of our Lord. Regular opportunities for Holy Confession at St Herman of Alaska Orthodox Mission include the following: each Saturday after Great Vespers, each Wednesday evening before the Adult Religious Education class (that is, from 6 p.m. until 6:45 p.m.), Sundays after Divine Liturgy upon request, and by appointment at other times. Of course, parishioners may have established previous relations with other Orthodox priest-confessors that they may wish to continue. If that is the case, I ask only that such parishioners let me know the names of their priest-confessors, so that I can be confident that the spiritual relation is strong. Please honor the minimum standard for this necessary spiritual discipline and vital sacramental opportunity.



~ Archpriest Alexander



### Fellowship Hour

Apr. 10 ~ Fellowship hosted by Team 2  
Apr. 17 ~ Fellowship hosted by Team 3

If anyone has any questions or is interested in hosting a particular Sunday please contact Judith Cook.



### Reader Schedule

Apr. 10 ~ Reader Steve Mirov  
Apr. 17 ~ Reader Nektarios Harrison

If you are interested in assisting with the reading and becoming a tonsured reader please contact Deacon Alexander.



### Prosfora

Nancy St. Clair is currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.



### Home Blessings

The season for home blessings has passed. Home blessings will resume, upon request to Fr. Alexander, after Pascha on 1 May.



*We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 -- all FM) and WTOP.com Any closings will also be posted on the home page of our website and via email to those who have asked to be on our electronic mailing list.*



### Sunday of the Adoration of the Cross

*"Oh Lord, save Thy people, and bless Thine inheritance. Grant victory to the Orthodox people over their adversaries and by virtue of Thy cross preserve Thy habitation."*

