



Sunday, May 15, 2016

# St. Herman of Alaska Orthodox Church

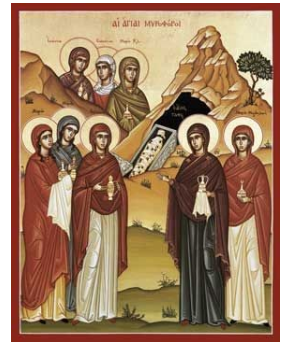
A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Great Vespers & Confessions each Saturday at 6 pm – Adult Religious Education (Divine Liturgy) each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am  
60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: [www.sthermanorthodox.org](http://www.sthermanorthodox.org)

## Liturgical Services / Activities

### This Week:

- Sun. May 15/May 2** Third Sunday of Pascha: The Myrrh-bearing Women  
**9:15 a.m.** Congregational Singing Practice  
**9:45 a.m.** Reading of the Third Hour  
**10:00 a.m.** Divine Liturgy followed by Fellowship Hour  
**12:30 p.m.** Catechumens Class (Prayer)
- Wed. May 18/May 5** Great-martyr Irene of Thessalonica  
**7:00 p.m.** Adult Religious Education Class
- Sat. May 21/May 8** Prophet Isaiah  
**6:00 p.m.** Great Vespers followed by Holy Confessions
- Sun. May 22/May 9** Third Sunday of Pascha: The Paralyzed Man  
**9:15 a.m.** Congregational Singing Practice  
**9:45 a.m.** Reading of the Third Hour  
**10:00 a.m.** Divine Liturgy followed by Fellowship Hour  
**12:30 p.m.** Parish Council Meeting



The Myrrh-bearing Women

### 2016 Finances

The Parish needs \$1571.92 /week to meet budget

<u>Week</u>	<u>Amount Received</u>	<u>Difference from amount needed</u>
<b>Year-to-date</b>	\$ 31,764.17	+ \$ 5991.91
May 1	\$2504.49	+ \$932.57
May 8	\$868.00	- \$703.92

Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine. Proverbs 3:9-10

### Attendance

Great Vespers, 5/7 – 18      Divine Liturgy, 5/8 – 55

### Intercessory Prayer List

Archpriest Alexander requests that you send him to full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for payer, so that we may keep the list current.

LIVING: Rebecca Laymon, Judith (Maria) Cook, Ana Rosado-Nazario, Lana Campbell, Maria Connerley, Matushka Kathleen Webster, Emma Nicole Parkinson, Archpriest Michael Sekela, Tom Zakielarz, Patricia Connerley, Martha Connerley, Kathy Sekela, Mark Laymon, Kristin Blaylock, Janis Sergeant, Millicent Novic, Ray Liddick, Leonidas Stylianopoulos, Sophia Stylianopoulos, Chad Gallagher, Matushka Cindy Mitchell, Protodeacon Brian Patrick Mitchell, Presvytera Flora Chioros, Father Stanley Voyiazakis, Presvytera Katherine Baker, Peter Pederson, Monk Anthony (West Virginia), Archpriest George Larin, Matushka Masha Potopav, Matushka Sophia Doubleday, Evdokiya Bykon, Kevin McCarthy, James Dunham, Eleanor Magee, 2LT Benjamin Stracquatano, USA (Korea), James Puckett, Nora Milligan, Archpriest Victor Potopov, Dsa. Monica Pappas, Archpriest John Nehrebecki, Paisley Joanna Milligan, Emily Vasquez, Nicholas Bluma, Ronald Proctor, baby Aidan, Kris Breem, Dimas Lowry, Archpriest Theodore Shomsky, Ann Yuschak, Sarah Heitke, Alex Woglom, James Woglom, Archimandrite Iov (Holy Trinity Monastery), Archpriest Anastasy Yatreliis, Deacon Alexander Laymon, Charles Jordan, Jo Ann Swift, Archpriest George Rados, Abbess Makaria, the captive Orthodox bishops from Aleppo, Syria: His Eminence Archbishop Boulos (Yazigi) and Mar Archbishop Youhanna Ibrahim

MEMORY ETERNAL: Anna Nosal, William Supples, Sr., Julia Mounts

“You can call happy those who saw Him... But, come to the altar and you will see Him, you will touch Him, you will give to Him holy kisses, you will wash Him with your tears, you will carry Him within you like Mary Most Holy.”

~St. John Chrysostom

## Paschal Greetings from Around the World

Language:	Greeting:	Response:
Arabic:	Al Messieh kahm!	Hakken kahm!
English:	Christ is risen!	Indeed He is risen!
Greek:	Christos anesti!	Alithos anesti!
Romanian:	Hristos a inviat!	Adeverat a inviat!
Russian:	Khristos voskrese!	Voistinu voskrese!
Albanian:	Krishti u ngjall!	Vërtet u ngjall!
Serbian:	Khristos vaskrese!	Vaistinu vaskrese!
Spanish:	¡Cristo ha resucitado!	¡En verdad ha resucitado!
Korean:	(Greeting) Kristo Gesso Buhwal ha sho sumnida!	(Response) Chamuro Buhwal ha sho sumnida



### Fellowship Hour

May 15 ~ Fellowship hosted by Team 2  
 May 22 ~ Fellowship hosted by Team 3

If anyone has any questions or is interested in hosting a particular Sunday please contact Judith Cook.



### Reader Schedule

May 15 ~ Reader Jason Connerley  
 May 22 ~ Reader Moses Swift

If you are interested in assisting with the reading and becoming a tonsured reader please contact Deacon Alexander.



### Prosfora

Nancy St. Clair is currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.



### Adult Religious Education

Adult Religious Education classes will resume on Wednesday, May 11, at 7 pm. The current series focuses on the Divine Liturgy, why we worship the way we do, and what every detail of the Divine Liturgy means both historically and for us today. You do not need to have attended the previous sessions to participate.

*We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 -- all FM) and WTOP.com Any closings will also be posted on the home page of our website and via email to those who have asked to be on our electronic mailing list.*

### Volunteer Needed

Stella Jordan, our current parish treasurer, has decided to take a break after this year. We are looking for a volunteer willing to take over the treasurer duties next year. The reason for announcing this so early is to allow the perspective treasurer to learn the job and software by shadowing Stella this year. If anyone is interested please contact Archpriest Alexander, Deacon Alexander, Stella, or Jason Connerley.

### HOLY CONFESSIONS

Faithful communion in the Holy Mysteries requires faithful participation in the Holy Mystery of Confession. To apply Fr. Thomas Hopko's felicitous phrase "regular and disciplined communion" also to Confession entails Holy Confession ideally each month by those faithful who expect to receive the Body and Blood of Our Lord at each Sunday Divine Liturgy. The timing may be extended through the practice of "oikonomia" (exception for the greater good of both the person and the community) to once every two months.

However, Holy Confession less frequent than bi-monthly is, according to the guidance of our recent hierarch, His Beatitude Metropolitan Jonah, inadequate preparation for receiving the Body and Blood of our Lord. Regular opportunities for Holy Confession at St Herman of Alaska Orthodox Mission include the following: each Saturday after Great Vespers, each Wednesday evening before the Adult Religious Education class (that is, from 6 p.m. until 6:45 p.m.), Sundays after Divine Liturgy upon request, and by appointment at other times. Of course, parishioners may have established previous relations with other Orthodox priest-confessors that they may wish to continue. If that is the case, I ask only that such parishioners let me know the names of their priest-confessors, so that I can be confident that the spiritual relation is strong. Please honor the minimum standard for this necessary spiritual discipline and vital sacramental opportunity.



~ Archpriest Alexander

