



Sunday, August 28, 2016

St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Great Vespers & Confessions each Saturday at 6 pm – Bible Study each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am

60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: www.sthermanorthodox.org

Liturgical Services/Activities:

Sun. Aug. 28/Aug. 15 10th Sunday after Pentecost The Dormition of Our Most Holy Lady the Theotokos and Ever-Virgin Mary.

9:15 a.m. Choir Practice

9:45 a.m. Reading of the Third Hour

10:00 a.m. Divine Liturgy & Blessing of Flowers followed by Fellowship Hour



The Dormition of Our Most Holy Lady the Theotokos and Ever Virgin Mary

Wed. Aug. 31/Aug. 18 Martyrs Florus and Laurus of Illyria (2nd c.)

7:00 p.m. Adult Religious Education Classes

Sat. Sept. 3/Aug. 21 Martyr Gorazd of Prague, Bohemia and Moravo-Cilezsk (1942)

6:00 p.m. Great Vespers followed by Holy Confessions.

Sun. Sept. 4/Aug. 22 11th Sunday after Pentecost Martyr Agathonikos of Nicomedia and his companions: Martyrs Zotikos, Theoprepios Akindynos, Severian, Zeno, and others, who suffered under Maximian (4th c.)

9:15 a.m. Choir Practice

9:45 a.m. Reading of the Third Hour

10:00 a.m. Divine Liturgy followed by Fellowship Hour

2016 Finances

The Parish needs \$1571.92 /week to meet budget

<u>Week</u>	<u>Amount Received</u>	<u>Difference from amount needed*</u>
Year-to-date	\$ 56,741.79	+ \$ 7,390.73
August 14	\$1,086.95	- \$484.97
August 21	\$1820.35	-\$ 248.43

Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine. Proverbs 3:9-10

Attendance

Great Vespers, 8/20 – 20

Divine Liturgy, 8/21– 52

Intercessory Prayer List

Archpriest Alexander requests that you send him to full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for payer, so that we may keep the list current.

LIVING: Rebecca Laymon, Artemis Danzig, Judith (Maria) Cook, Ana Rosado-Nazario, Lana Campbell, Maria Connerley, Matushka Kathleen Webster, Emma Nicole Parkinson, Archpriest Michael Sekela, Tom Zakielarz, Patricia Connerley, Martha Connerley, Kathy Sekela, Mark Laymon, Kristin Blaylock, Janis Sergeant, Millicent Novic, Ray Liddick, Leonidas Stylianopoulos, Sophia Stylianopoulos, Chad Gallagher, Matushka Cindy Joanna Mitchell, Protodeacon Brian Patrick Mitchell, Presvytera Flora Chioros, Father Stanley Voyiazakis, Presvytera Katherine Baker, Peter-Panagiotis Peterson, Monk Anthony (West Virginia), Archpriest George Larin, Matushka Masha Potopav, Matushka Sophia Doubleday, Evdokiya Bykon, Kevin McCarthy, James Dunham, Eleanor Magee, 2LT Benjamin Stracquatano, USA (Korea), David Jones (Peace Corps, Ghana), James Puckett, Nora Milligan, Archpriest Victor Potapov, Dsa. Monica Pappas, Archpriest John Nehrebecki, Paisley Joanna Milligan, Emily Vasquez, Nicholas Bluma, Ronald Proctor, baby Aidan, Kris Breem, Dimas Lowry, Archpriest Theodore Shomsky, Ann Yuschak, Sarah Heitke, Alex Woglom, James Woglom, Archimandrite Iov (Holy Trinity Monastery), Archpriest Anastasy Yatrelis, Charles Jordan, Jo Ann Swift, Archpriest George Rados, Abbess Makaria, James and Bryce Wilt, Logan Peters, Sandra Brown, Joe and Jill Peabody, Brian Green, Glen A. Cooper, Kiernan Green, Archpriest Andrei Semyanko, Protodeacon Nicholas Lukianov, Matushka Nadejda Revitsky, John Hershey, Archpriest George Johnson, the captive Orthodox bishops from Aleppo, Syria: His Eminence Archbishop Boulos (Yazigi) and Mar Archbishop Youhanna Ibrahim

Memory Eternal: Protodeacon Thomas Branch, Rev. Jacques Hamel, Ann C Gibson, Hannah and Laurel Peabody, Pascalis Hazantones, Ronald Weaver, Major Sterling Norton, USMC, Andreas Weidman

Mark Your Calendar for September 24 & 25!

Please make plans to attend a unique workshop on Orthodox music and worship conducted by our beloved Metropolitan Jonah, retired OCA primate who now serves actively in retirement in the Russian Orthodox Church Outside Russia. The workshop will be September 24 from 11:00 am to 4:00 pm in the fellowship hall. A light lunch will be served. Great Vespers will follow. earlier than usual. at 4:15 p.m. Also, on the following day, Sunday, September 25, Metropolitan Jonah will celebrate the Divine Liturgy in our altar!

The Sisterhood of the Myrrhbearing Women Welcomes New Members!

All the women who are members of the parish are encouraged to join the Sisterhood of the Myrrhbearing women. The Sisterhood supports the parish by maintaining the church and fellowship hall, providing resources for the Sunday school, visiting the sick and helping those in need. The annual dues are \$25, payable by check to the Sisterhood of the Myrrhbearing Women. Matushka Kathleen Webster our treasurer will accept your checks. The dues of the members support these efforts.

For further information please contact Judith Cook, Senior Sister, at Sarahsews@gmail.com or [703.919.1885](tel:703.919.1885).

New Topic in Adult Religious Education Class!

We have just begun a new Bible study in the Book of Tobit in the Old Testament--that is, the ancient Greek Septuagint, our official Orthodox OT. Tobit is only 14 chapters in length, but its narrative story set in ancient Nineveh, Ecbatana, and Rages (modern Tehran) is at once intriguing, unexpected, captivating, troubling, and inspirational. Key themes / teachings include the unique importance of family, angels and demons, purposeful suffering, prayer, fasting, almsgiving, faith, hope, and love! The class meets at 7 p.m. on Wednesdays and all are welcome!

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Fellowship Hour

Aug. 28 ~ Fellowship hosted by Team 4
Sept. 4 ~ Fellowship hosted by Team 1

If anyone has any questions or is interested in hosting a particular Sunday please contact Judith Cook.

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Reader Schedule

Aug. 28 ~ Reader Steve Mirov
Sept. 4 ~ Reader TBD

If you are interested in assisting with the reading and becoming a tonsured reader please contact Deacon Alexander.

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Prosfora

Nancy St. Clair is currently providing the Prosfora for Sundays, while Matushka Kathleen is doing so for weekday feast days. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 --all FM) and WTOP.com. Any closings will also be posted on the home page of our website and via email to those who have asked to be on our electronic mailing list.

Attention Parents

With the warmer weather we ask that the children eat in the Fellowship Hall and refrain from taking their lunch out to the playground. Food left outside attracts bees and other unwanted bugs to the playground, and eating in the Fellowship Hall helps keep clean-up to one area. Thank you for your help with this.

Green Thumbs Needed!

We need help with the maintenance of the grounds, specifically in two ways.

1. With the grass come weeds and the need to maintain our plants and flowers. If you are interested in assisting in this area please contact Jo Lu Terrell during coffee hour or by mail JoLuTerrell@gmail.com
 2. Reader Steve Mirov has been working on a walking path around the perimeter of the grounds. If you are interested in assisting him with this please see him after Presanctified Liturgy or during coffee hour.
- If you have other ideas or suggestions for our grounds please contact Jo Lu Terrell, our landscaping coordinator.

HOLY CONFESSIONS

Faithful communion in the Holy Mysteries requires faithful participation in the Holy Mystery of Confession. To apply Fr. Thomas Hopko's felicitous phrase "regular and disciplined communion" also to Confession entails Holy Confession ideally each month by those faithful who expect to receive the Body and Blood of Our Lord at each Sunday Divine Liturgy. The timing may be extended through the practice of "oikonomia" (exception for the greater good of both the person and the community) to once every two months. However, Holy Confession less frequent than bi-monthly is, according to the guidance of our recent hierarch, His Beatitude Metropolitan Jonah, inadequate preparation for receiving the Body and Blood of our Lord. Regular opportunities for Holy Confession at St Herman of Alaska Orthodox Mission include the following: each Saturday after Great Vespers, each Wednesday evening before the Adult Religious Education class (that is, from 6 p.m. until 6:45 p.m.), Sundays after Divine Liturgy upon request, and by appointment at other times. Of course, parishioners may have established previous relations with other Orthodox priest-confessors that they may wish to continue. If that is the case, I ask only that such parishioners let me know the names of their priest-confessors, so that I can be confident that the spiritual relation is strong. Please honor the minimum standard for this necessary spiritual discipline and vital sacramental opportunity.



~ Archpriest Alexander

"Refuse to listen to the devil when he whispers to you: give me now, and you will give tomorrow to God. No, no! Spend all the hours of your life in a way pleasing to God; keep in your mind the thought that after the present hour you will not be given another and that you will have to render a strict account for every minute of this present hour."

+ From *Unseen Warfare*, St. Theophan the Recluse and St. Nicodemus of the Holy Mountain