



Sunday, September 18, 2016

# St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Great Vespers & Confessions each Saturday at 6 pm – Bible Study each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am

60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: www.sthermanorthodox.org

## Liturgical Services/Activities:

**Sun. Sept. 18/Sept. 5**     **13<sup>th</sup> Sunday after Pentecost Holy Prophet Zacharias and Righteous Elizabeth (1st c.), parents of St. John the Forerunner**  
**9:15 a.m.**     Choir Practice  
**9:45 a.m.**     Reading of the Third Hour  
**10:00 a.m.**     Divine Liturgy followed by Fellowship Hour  
**12:30 p.m.**     Parish Council Meeting (unofficial start: voting session at 2:30 pm)

**Wed. Sept. 21/Sept. 8**     **The Nativity of Our Most Holy Lady the Theotokos and Ever-Virgin Mary.**  
**10:00 am** Festal Divine Liturgy (No Bible study this evening)

**Sat. Sept. 24/Sept. 11**     **Venerable Athanasius (1401 AD), disciple of Venerable Sergius of Radonezh and abbot of the Vysotsk Monastery in Serpukhov, and his disciple Venerable Athanasius (1395 AD)**  
**11:00 a.m.**     Fall Retreat/Workshop with Metropolitan Jonah  
**4:15 p.m.**     Great Vespers and Holy Confessions

**Sun. Sept. 25/Sept. 12**     **14<sup>th</sup> Sunday after Pentecost Hieromartyr Autonomus, bishop in Italy (313 AD)**  
**9:15 a.m.**     Choir Practice  
**9:45 a.m.**     Reading of the Third Hour  
**10:00 a.m.**     Hierarchical Divine Liturgy followed by Potluck Luncheon with Metropolitan Jonah



Holy Prophet Zacharias

### 2016 Finances

The Parish needs \$1571.92 /week to meet budget

Week	Amount Received	Difference from amount needed*
Year-to-date	\$ 60,626.99	+ \$ 6,560.17
September 4	\$866.00	- \$705.92
September 11	\$1966.70	+ \$394.78

*Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine. Proverbs 3:9-10*

### Attendance

Great Vespers, 9/10 – 18

Divine Liturgy, 9/11– 44

### Intercessory Prayer List

*Archpriest Alexander requests that you send him to full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for payer, so that we may keep the list current.*

LIVING: Rebecca Laymon, Artemis Danzig, Judith (Maria) Cook, Ana Rosado-Nazario, Lana Campbell, Maria Connerley, Matushka Kathleen Webster, Emma Nicole Parkinson, Archpriest Michael Sekela, Tom Zakielarz, Patricia Connerley, Martha Connerley, Kathy Sekela, Mark Laymon, Kristin Blaylock, Janis Sergeant, Millicent Novic, Ray Liddick, Leonidas Stylianopoulos, Sophia Stylianopoulos, Chad Gallagher, Matushka Cindy Joanna Mitchell, Protodeacon Brian Patrick Mitchell, Presvytera Flora Chioros, Father Stanley Voyiazakis, Presvytera Katherine Baker, Peter-Panagiotis Peterson, Monk Anthony (West Virginia), Archpriest George Larin, Matushka Masha Potopav, Matushka Sophia Doubleday, Evdokiya Bykon, Kevin McCarthy, James Dunham, Eleanor Magee, 2LT Benjamin Stracquatano, USA (Korea), David Jones (Peace Corps, Ghana), James Puckett, Nora Milligan, Archpriest Victor Potapov, Dsa. Monica Pappas, Archpriest John Nehrebecki, Paisley Joanna Milligan, Kris Breem, Dimas Lowry, Archpriest Theodore Shomsky, Ann Yuschak, Sarah Heitke, Alex Woglom, James Woglom, Archimandrite Iov (Holy Trinity Monastery), Archpriest Anastasy Yatreliis, Charles Jordan, Jo Ann Swift, Archpriest George Rados, Abbess Makaria, James and Bryce Wilt, Logan Peters, Sandra Brown, Joe and Jill Peabody, Brian Green, Glen A. Cooper, Kiernan Green, Archpriest Andrei Semyanko, Protodeacon Nicholas Lukianov, Matushka Nadejda Revitsky, John Hershey, Archpriest George Johnson, Lisa King Buka, Richard Buka Sr., Gene King, Howard J. Stickley, Emmelia Stone, Larry Terrell, the captive Orthodox bishops from Aleppo, Syria: His Eminence Archbishop Boulos (Yazigi) and Mar Archbishop Youhanna Ibrahim

**Memory Eternal:** Protodeacon Thomas Branch

## Metropolitan Jonah Visiting Us on September 24 & 25!

Please make plans to attend a unique workshop on Orthodox music and worship conducted by our beloved Metropolitan Jonah, retired OCA primate who now serves actively in retirement in the Russian Orthodox Church Outside Russia. The workshop will be September 24 from 11:00 am to 4:00 pm in the fellowship hall. A light lunch will be served. Great Vespers will follow. earlier than usual. at 4:15 p.m. **Registration forms** (necessary due to limited space) have been emailed to our parish listserv, are also available in the Fellowship Hall, and are due as soon as possible but **no later than the Festal Divine Liturgy on Wednesday, September 21**. Also, on the following day, Sunday, September 25, Metropolitan Jonah will celebrate the Divine Liturgy in our altar!

### The Sisterhood of the Myrrhbearing Women Welcomes New Members!

All the women who are members of the parish are encouraged to join the Sisterhood of the Myrrhbearing women. The Sisterhood supports the parish by maintaining the church and fellowship hall, providing resources for the Sunday school, visiting the sick and helping those in need. The annual dues are \$25, payable by check to the Sisterhood of the Myrrhbearing Women. Matushka Kathleen Webster our treasurer will accept your checks. The dues of the members support these efforts.

For further information please contact Judith Cook, Senior Sister, at [Sarahsews@gmail.com](mailto:Sarahsews@gmail.com) or [703.919.1885](tel:703.919.1885).

### New Topic in Adult Religious Education Class!

We have just begun a new Bible study in the Book of Tobit in the Old Testament--that is, the ancient Greek Septuagint, our official Orthodox OT. Tobit is only 14 chapters in length, but its narrative story set in ancient Nineveh, Ecbatana, and Rages (modern Tehran) is at once intriguing, unexpected, captivating, troubling, and inspirational. Key themes / teachings include the unique importance of family, angels and demons, purposeful suffering, prayer, fasting, almsgiving, faith, hope, and love! The class meets at 7 p.m. on Wednesdays (except September 21) and all are welcome!

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### Fellowship Hour

Sept. 18 ~ Fellowship hosted by Team 3  
Sept. 25 ~ Potluck Fellowship

If anyone has any questions or is interested in hosting a particular Sunday please contact Judith Cook.

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### Reader Schedule

Sept. 18 ~ Joseph Sirko  
Sept. 21 ~ Michael Yuschak  
Sept. 25 ~ Reader Steve Terrell

If you are interested in assisting with the reading and becoming a tonsured reader please contact Deacon Alexander.

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### Prosfora

Areti Stylianopolis is currently providing the Prosfora for Sundays, while Matushka Kathleen is doing so for weekday feast days. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 --all FM) and WTOP.com. Any closings will also be posted on the home page of our website and via email to those who have asked to be on our electronic mailing list.

### Looking for a Good Book?

A few of us are clearing off our bookshelves, and there are some boxes of books (mostly children's books and curriculum books) available in the closet of the Fellowship Hall for anyone who would like them. Please take what you would like and leave the rest for others to look through. If you have any questions, please talk to Kristin Milligan.

### Reminder to all parents of Sunday School children:

Sunday school classes will begin today, September 18th. *Pre-school (age 3) to Kindergarten* will meet in the corner classroom in the lower level of the fellowship hall. *Elementary grades 1-5* will meet in the main conference room in the lower level. Children in those grades will depart the chapel immediately after Holy Communion (approx. 11:30 am) and will be escorted to the classrooms by their teachers. *Junior high & high school* children grades 7-12 will gather in the main conference room in the lower level of the fellowship hall around 12:10 pm. To implement a new safety policy we request that parents / grandparents sign out their younger children at the end of the pre-school-K and elementary classes around 12:10 pm. It is a privilege to teach your children this year!

### HOLY CONFESSIONS

Faithful communion in the Holy Mysteries requires faithful participation in the Holy Mystery of Confession. To apply Fr. Thomas Hopko's felicitous phrase "regular and disciplined communion" also to Confession entails Holy Confession ideally each month by those faithful who expect to receive the Body and Blood of Our Lord at each Sunday Divine Liturgy. The timing may be extended through the practice of "oikonomia" (exception for the greater good of both the person and the community) to once every two months. However, Holy Confession less frequent than bi-monthly is, according to the guidance of our recent hierarch, His Beatitude Metropolitan Jonah, inadequate preparation for receiving the Body and Blood of our Lord. Regular opportunities for Holy Confession at St Herman of Alaska Orthodox Mission include the following: each Saturday after Great Vespers, each Wednesday evening before the Adult Religious Education class (that is, from 6 p.m. until 6:45 p.m.), Sundays after Divine Liturgy upon request, and by appointment at other times. Of course, parishioners may have established previous relations with other Orthodox priest-confessors that they may wish to continue. If that is the case, I ask only that such parishioners let me know the names of their priest-confessors, so that I can be confident that the spiritual relation is strong. Please honor the minimum standard for this necessary spiritual discipline and vital sacramental opportunity.



~ Archpriest Alexander

*"If you see your neighbor in sin, don't look only at this, but also think about what he has done or does that is good, and infrequently trying this in general, while not partially judging, you will find that he is better than you."*

— St. Basil the Great, *Conversations*, 20