



Sunday, March 12, 2017

St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Great Vespers & Confessions each Saturday at 6 pm – Bible Study each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am

60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: www.sthermanorthodox.org

Liturgical Services/Activities:

Sun. Mar. 12/Feb. 27

Second Sunday of the Great Lent. St. Gregory Palamas the Archbishop of Thessalonica

9:15 a.m. Choir Practice

9:45 a.m. Reading of the Third Hour

10:00 a.m. Divine Liturgy followed by Fellowship Hour

Wed. Mar. 15/Mar. 2

Hieromartyr Polycarp, bishop of Smyrna (167 AD).

7:00 p.m. Pre-sanctified Liturgy

8:15 p.m. Adult Religious Education Class (shortened session)

Sat. Mar. 18/Mar. 5

Synaxis of all Venerable Fathers of the Kiev Caves

6:00 p.m. Great Vespers followed by Holy Confessions.

Sun. Mar. 19/Mar. 6

Third Sunday of the Great Lent. Adoration of the Cross. The 42 Martyrs of Ammoria in Phrygia, including: Constantine, Aetios, Theophilos, Theodore, Melissenos, Kallistos, Basoes, and others (845 AD)

9:15 a.m. Choir Practice

9:45 a.m. Reading of the Third Hour

10:00 a.m. Procession & Veneration of the Holy Cross

10:15 a.m. Divine Liturgy followed by Fellowship



The Sunday of St. Gregory Palamas

Attendance

Great Vespers, 3/4 – 15

Divine Liturgy, 3/5 – 57

Pre-sanctified Liturgy, 3/8 – 20

2017 Finances

The Parish needs \$1588.81/week to meet budget

<u>Week</u>	<u>Amount Received</u>	<u>Difference from amount needed</u>
Year-to-date	\$ 16,604.97	+ \$ 716.87
February 26	\$2,232.13	+ \$643.32
March 5	\$2,491.00	+ \$902.19

Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be

Intercessory Prayer List

Archpriest Alexander requests that you send him to full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for payer, so that we may keep the list current.

LIVING: Rebecca Laymon, Judith (Maria) Cook, Ana Rosado-Nazario, Ann Yuschak, Sarah Heitke, Dsa. Monica Pappas, Emmelia Stone, Paisley Joanna Milligan, Charles Jordan, Matushka Kathleen Webster, Emma Nicole Parkinson, Matushka Joanna Laymon, Lana Campbell, Maria Connerley, Archpriest Michael Sekela, Tom Zakielarz, Patricia Connerley, Martha Connerley, Kathy Sekela, Mark Laymon, Kristin Blaylock, Janis Sergeant, Millicent Novic, Ray Liddick, Leonidas Stylianopoulos, Sophia Stylianopoulos, Chad Gallagher, Matushka Cindy Joanna Mitchell, Protodeacon Brian Patrick Mitchell, Presvytera Flora Chioros, Father Stanley Voyiazakis, Presvytera Katherine Baker, Peter-Panagiotis Peterson, Monk Anthony (West Virginia), Archpriest George Larin, Matushka Masha Potopav, Matushka Sophia Doubleday, Evdokiya Bykon, Kevin McCarthy, James Dunham, Eleanor Magee, 2LT Benjamin Stracquatano, USA (Korea), David Jones (Peace Corps, Ghana), James Puckett, Nora Milligan, Archpriest Victor Potapov, Archpriest John Nehrebecki, Archpriest Theodore Shomsky, Alex Woglom, James Woglom, Archimandrite Iov (Holy Trinity Monastery), Jo Ann Swift, Archpriest George Rados, Abbess Makaria, James and Bryce Wilt, Ryan Wilt, Logan Peters, Sandra Brown, Brian Green, Glen A. Cooper, Kiernan Green, Protodeacon Nicholas Lukianov, Matushka Nadejda Revitsky, John Hershey, Archpriest George Johnson, Lisa King Buka, Richard Buka Sr., Gene King, Howard J. Stickley, Larry Terrell, Matushka Larisa Hutnyan, Jackie Leopold, Ellaine Baron, Protodeacon Pavel Wolkow, Mother Theodora, Jerry Laxson, Archpriest Alexander Veronis, James Kushiner, Michael Gann, James Scott Jr., Anders Bjorklund, Maria Papademetriou, Peter and Laura Roshak and baby Mark, Protopresbyter Valery Lukianov, Archpriest George Kallaur, Archpriest Paul Ivanov, Christina Spannic, Ksenia Resnikoff, Maximos Andreas Winans, the captive Orthodox bishops from Aleppo, Syria: His Eminence Archbishop Boulos (Yazigi) and Mar Archbishop Youhanna Ibrahim

Memory Eternal: Monk Lazarus (Holy Trinity Monastery), Matushka Juliana Schmemann, Joseph Kumbera, Nolan Scully, Caryll Whipple (CAPT, USN, Ret.)

New Adult Religious Education Course on Wednesdays at 7 pm

A new series began in January: "Contemporary Moral Issues." Each week we tackle a moral or ethical issue (chosen by consensus of the class) in light of the Orthodox Tradition, using as a resource an excellent collection of short newspaper columns by Archpriest Stanley S. Harakas titled, *Contemporary Moral Issues*. (Copies are now available in the parish bookstore for \$13 apiece.) Fr. Stanley, former dean of Holy Cross Greek Orthodox School of Theology near Boston, MA, is our rector's long-time mentor in moral theology.

Sisterhood of the Myrrh-bearing Women: 2017 Dues

It is a new year and time for the Sisterhood of Myrrh-bearing Women to collect the 2017 dues. All adult female members of the church may join the Sisterhood. The dues are only \$25 per year and can be paid by check (payable to Sisterhood of the Myrrh-bearing Women) or cash. These dues are used to support the Sunday School, to maintain the fellowship hall and church, and to provide for other needs identified by the Sisterhood. Contact Judith Cook to pay your dues.

Iconography Guild Meeting



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Fellowship Hour

Mar. 12 ~ Fellowship provided by Team 2

Mar. 19 ~ Fellowship provided by Team 3

If anyone has any questions or is interested in hosting a particular Sunday please contact Judith Cook.

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Reader Schedule

Mar. 12 ~ Reader Moses Swift
Mar. 19 ~ Reader Steve Terrell

If you are interested in assisting with the reading and becoming a tonsured reader please contact Deacon Alexander.

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Prosfora

Stella Jordan is currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 – all FM) and WTOP.com Any closings will also be posted on the home page of our website and via email to those who have asked to be on our electronic mailing list.

HOLY CONFESSIONS

Faithful communion in the Holy Mysteries requires faithful participation in the Holy Mystery of Confession. To apply Fr. Thomas Hopko's felicitous phrase "regular and disciplined communion" also to Confession entails Holy Confession ideally each month by those faithful who expect to receive the Body and Blood of Our Lord at each Sunday Divine Liturgy. The timing may be extended through the practice of "oikonomia" (exception for the greater good of both the person and the community) to once every two months. However, Holy Confession less frequent than bi-monthly is, according to the guidance of our recent hierarch, His Beatitude Metropolitan Jonah, inadequate preparation for receiving the Body and Blood of our Lord. Regular opportunities for Holy Confession at St Herman of Alaska Orthodox Mission include the following: each Saturday after Great Vespers, each Wednesday evening before the Adult Religious Education class (that is, from 6 p.m. until 6:45 p.m.), Sundays after Divine Liturgy upon request, and by appointment at other times. Of course, parishioners may have established previous relations with other Orthodox priest-confessors that they may wish to continue. If that is the case, I ask only that such parishioners let me know the names of their priest-confessors, so that I can be confident that the spiritual relation is strong. Please honor the minimum standard for this necessary spiritual discipline and vital sacramental opportunity.

~ Archpriest Alexander

Sunday of Orthodoxy Icon Procession



Let not one think, my fellow Christian, that only priests and monks need to pray without ceasing and not laymen. No, no; every Christian without exception ought to dwell always in prayer.

+ St. Gregory of Palamas