



Sunday, April 2, 2017

# St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Great Vespers & Confessions each Saturday at 6 pm – Bible Study each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am

60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: [www.sthermanorthodox.org](http://www.sthermanorthodox.org)

## Liturgical Services/Activities:

**Sun. Apr. 2/Mar. 20**

**Fifth Sunday of the Great Lent. Venerable Mary of Egypt**

**9:15 a.m.** Choir Practice

**9:45 a.m.** Reading of the Third Hour

**10:00 a.m.** Divine Liturgy followed by Fellowship

**Wed. Apr. 5/Mar. 23**

**Monk-martyr Nikon and 199 disciples, in Sicily (251 AD)**

**7:00 p.m.** Pre-sanctified Liturgy

**8:15 p.m.** Adult Religious Education Class (shortened session)

**Fri. Apr. 7/Mar. 25**

**The Annunciation of Our Most Holy Lady, the Theotokos and Ever-Virgin Mary**

**7:00 p.m.** Akathist to the Theotokos

**8:00 p.m.** Holy Confessions

**Sat. Apr. 8/Mar. 26**

**Martyrs Manuel and Theodosios (304 AD)**

**9:30 a.m.** Spring Cleaning Day

**6:00 p.m.** Great Vespers followed by Holy Confessions.

**Sun. Apr. 9/Mar. 27**

**The Entry of the Lord into Jerusalem. St. Matrona of Thessalonika (4th c.)**

**9:15 a.m.** Choir Practice

**9:45 a.m.** Reading of the Third Hour

**10:00 a.m.** Blessing & distribution of palms & pussy willows

**10:15 a.m.** Divine Liturgy followed by Fellowship



*Venerable Mary of Egypt*

## Attendance

Great Vespers, 3/25 – 16

Divine Liturgy, 3/26 – 39

Pre-sanctified Liturgy, 3/29 – 20

## 2017 Finances

**The Parish needs \$1588.81 /week to meet budget**

Week	Amount Received	Difference from amount needed
Year-to-date	\$ 21,662.53	+ \$ 1,008.00
March 19	\$1,767.00	+ \$178.19
March 26	\$1,112.00	- \$476.81

*Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be*

## Intercessory Prayer List

*Archpriest Alexander requests that you send him to full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for payer, so that we may keep the list current.*

LIVING: Rebecca Laymon, Judith (Maria) Cook, Ana Rosado-Nazario, Ann Yuschak, Sarah Heitke, Dsa. Monica Pappas, Emmelia Stone, Paisley Joanna Milligan, Charles Jordan, Matushka Kathleen Webster, Emma Nicole Parkinson, Veronica Sirko, Kristin Milligan, Lana Campbell, Maria Connerley, Archpriest Michael Sekela, Tom Zakielarz, Patricia Connerley, Martha Connerley, Kathy Sekela, Mark Laymon, Kristin Blaylock, Janis Sergeant, Millicent Novic, Ray Liddick, Leonidas Stylianopoulos, Sophia Stylianopoulos, Chad Gallagher, Matushka Cindy Joanna Mitchell, Protodeacon Brian Patrick Mitchell, Presvytera Flora Chioros, Father Stanley Voyiazakis, Presvytera Katherine Baker, Monk Anthony (West Virginia), Archpriest George Larin, Matushka Masha Potopav, Matushka Sophia Doubleday, Evdokiya Bykon, Kevin McCarthy, James Dunham, 2LT Benjamin Stracquatano, USA (Korea), David Jones (Peace Corps, Ghana), James Puckett, Nora Milligan, Archpriest Victor Potapov, Archpriest John Nehrebecki, Archpriest Theodore Shomsky, Alex Woglom, James Woglom, Archimandrite Iov (Holy Trinity Monastery), Jo Ann Swift, Archpriest George Rados, Abbess Makaria, James and Bryce Wilt, Ryan Wilt, Logan Peters, Sandra Brown, Brian Green, Glen A. Cooper, Kieman Green, Protodeacon Nicholas Lukianov, Matushka Nadejda Revitsky, John Hershey, Archpriest George Johnson, Lisa King Buka, Richard Buka Sr., Gene King, Howard J. Stickley, Larry Terrell, Matushka Larisa Hutnyan, Jackie Leopold, Ellaine Baron, Protodeacon Pavel Wolkow, Mother Theodora, Jerry Laxson, Archpriest Alexander Veronis, James Kushiner, Michael Gann, James Scott Jr., Anders Bjorklund, Maria Papademetriou, Peter and Laura Roshak and baby Mark, Protopresbyter Valery Lukianov, Archpriest George Kallaur, Archpriest Paul Ivanov, Christina Spannic, Ksenia Resnikoff, Maximos Andreas Winans, Michelle Duckett, Jimmy Golden, the captive Orthodox bishops from Aleppo, Syria: His Eminence Archbishop Boulos (Yazigi) and Mar Archbishop Youhanna Ibrahim

**Memory Eternal:** Peter-Panagiotis Peterson, Charles Knettles, Eleanor Magee, Matushka Juliana Schmemann

## Many Years!

### Names Days

13 Joseph Milligan  
16 Anastasia Yuschak

### Birthdays

5 Annika & Mila Hart  
Joseph Henry  
6 Matushka Joanna Laymon  
12 Stella Jordan  
13 Father Alexander Webster  
17 Andrew Sekela  
18 Elizabeth Milton

### Birthdays (continued)

19 Veronica Sirko  
20 Alexa Heitke  
25 Isabel Gillam  
Mat. Kathleen Webster  
26 Virginia Miroy  
29 Philipp Miroy  
Alexa Parkinson

### New Adult Religious Education Course on Wednesdays at 7 pm

A new series began in January: "Contemporary Moral Issues." Each week we tackle a moral or ethical issue (chosen by consensus of the class) in light of the Orthodox Tradition, using as a resource an excellent collection of short newspaper columns by Archpriest Stanley S. Harakas titled, *Contemporary Moral Issues*. (Copies are now available in the parish bookstore for \$13 apiece.) Fr. Stanley, former dean of Holy Cross Greek Orthodox School of Theology near Boston, MA, is our rector's long-time mentor in moral theology. **The topic this coming Wednesday (April 5) will be "Mixed Marriages & Interfaith Marriages".**

### Sisterhood of the Myrrh-bearing Women: Spring Cleaning—Updated!!!

A Spring Cleaning day will be scheduled for April 8th starting at 9:30 AM. The sisterhood will take care of the fellowship hall and church. We hope to see the men there taking care of the grounds. The kitchen still needs a deep cleaning of the cabinets. Any cabinet bearing a pink label needs to have the contents removed and cleaned and the cabinets need to be cleaned on the inside. After this is done, please remove the pink label. This cleaning can be accomplished at any time and is needed above and beyond the usual spring cleaning. Please contact Nancy St. Clair with any questions.



### Fellowship Hour

Apr. 2 ~ Fellowship provided by Team 1

Apr. 9 ~ Fellowship provided by Team 2

If anyone has any questions or is interested in hosting a particular Sunday please contact Judith Cook.



### Reader Schedule

Apr. 2 ~ Joseph Sirko

Apr. 7 ~ Reader Moses Swift

Apr. 9 ~ Reader Steve Terrell

If you are interested in assisting with the reading and becoming a tonsured reader please contact Deacon Alexander.



### Prosfora

Areti Stylianopoulos is currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 – all FM) and WTOP.com Any closings will also be posted on the home page of our website and via email to those who have asked to be on our electronic mailing list.

### HOLY CONFESSIONS

Faithful communion in the Holy Mysteries requires faithful participation in the Holy Mystery of Confession. To apply Fr. Thomas Hopko's felicitous phrase "regular and disciplined communion" also to Confession entails Holy Confession ideally each month by those faithful who expect to receive the Body and Blood of Our Lord at each Sunday Divine Liturgy. The timing may be extended through the practice of "oikonomia" (exception for the greater good of both the person and the community) to once every two months. However, Holy Confession less frequent than bi-monthly is, according to the guidance of our recent hierarch, His Beatitude Metropolitan Jonah, inadequate preparation for receiving the Body and Blood of our Lord. Regular opportunities for Holy Confession at St Herman of Alaska Orthodox Mission include the following: each Saturday after Great Vespers, each Wednesday evening before the Adult Religious Education class (that is, from 6 p.m. until 6:45 p.m.), Sundays after Divine Liturgy upon request, and by appointment at other times. Of course, parishioners may have established previous relations with other Orthodox priest-confessors that they may wish to continue. If that is the case, I ask only that such parishioners let me know the names of their priest-confessors, so that I can be confident that the spiritual relation is strong. Please honor the minimum standard for this necessary spiritual discipline and vital sacramental opportunity.



~ Archpriest Alexander



### Troparion of the Annunciation (Tone 4)

*Today is the beginning of our salvation, / The revelation of the eternal mystery! / The Son of God becomes the Son of the Virgin / As Gabriel announces the coming of Grace. / Together with him let us cry to the Theotokos: / Rejoice, O Full of Grace, / The Lord is with thee!*

### Konatkion of the Annunciation (Tone 8)

*O Victorious Leader of Triumphant Hosts! / We, thy servants, delivered from evil, sing our grateful thanks to thee, O Theotokos! / As thou possesses invincible might, set us free from every calamity / So that we may sing: Rejoice, O unwedded Bride!*