



Sunday, March 19, 2017

St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Great Vespers & Confessions each Saturday at 6 pm – Bible Study each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am

60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: www.sthermanorthodox.org

Liturgical Services/Activities:

- Sun. Mar. 19/Mar. 6** **Third Sunday of the Great Lent. Adoration of the Cross. The 42 Martyrs of Ammoria in Phrygia, including: Constantine, Aetios, Theophilos, Theodore, Melissenos, Kallistos, Basoes, and others (845 AD)**
9:15 a.m. Choir Practice
9:45 a.m. Reading of the Third Hour
10:00 a.m. Procession & Veneration of the Holy Cross
10:15 a.m. Divine Liturgy followed by Fellowship
- Wed. Mar. 22/Mar. 9** **Urpasianus of Nicomedia (295 AD)**
7:00 p.m. Pre-sanctified Liturgy
8:15 p.m. Adult Religious Education Class (shortened session)
- Sat. Mar. 25/Mar. 12** **Martyr Sabinus (Abibus) of Egypt (303 AD).**
6:00 p.m. Great Vespers followed by Holy Confessions.
- Sun. Mar. 26/Mar. 13** **Fourth Sunday of the Great Lent. Venerable John Lestvichnik**
9:15 a.m. Choir Practice
9:45 a.m. Reading of the Third Hour
10:00 a.m. Divine Liturgy followed by Fellowship
12:30 p.m. Parish Council Meeting



Adoration of the Cross

Attendance

Great Vespers, 3/11 – 9 Divine Liturgy, 3/12 – 59 Pre-sanctified Liturgy, 3/15 – 14

2017 Finances

The Parish needs \$1588.81 /week to meet budget

<u>Week</u>	<u>Amount Received</u>	<u>Difference from amount needed</u>
Year-to-date	\$ 18,783.53	+ \$ 1,306.62
March 5	\$2,491.00	+ \$902.19
March 12	\$2,178.56	+ \$589.75

Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be

Intercessory Prayer List

Archpriest Alexander requests that you send him to full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for payer, so that we may keep the list current.

LIVING: Rebecca Laymon, Judith (Maria) Cook, Ana Rosado-Nazario, Ann Yuschak, Sarah Heitke, Dsa. Monica Pappas, Emmelia Stone, Paisley Joanna Milligan, Charles Jordan, Matushka Kathleen Webster, Emma Nicole Parkinson, Matushka Joanna Laymon, Lana Campbell, Maria Connerley, Archpriest Michael Sekela, Tom Zakielarz, Patricia Connerley, Martha Connerley, Kathy Sekela, Mark Laymon, Kristin Blaylock, Janis Sergeant, Millicent Novic, Ray Liddick, Leonidas Stylianopoulos, Sophia Stylianopoulos, Chad Gallagher, Matushka Cindy Joanna Mitchell, Protodeacon Brian Patrick Mitchell, Presvytera Flora Chioros, Father Stanley Voyiazakis, Presvytera Katherine Baker, Peter-Panagiotis Peterson, Monk Anthony (West Virginia), Archpriest George Larin, Matushka Masha Potopav, Matushka Sophia Doubleday, Evdokiya Bykon, Kevin McCarthy, James Dunham, Eleanor Magee, 2LT Benjamin Stracquatano, USA (Korea), David Jones (Peace Corps, Ghana), James Puckett, Nora Milligan, Archpriest Victor Potapov, Archpriest John Nehrebecki, Archpriest Theodore Shomsky, Alex Woglom, James Woglom, Archimandrite Iov (Holy Trinity Monastery), Jo Ann Swift, Archpriest George Rados, Abbess Makaria, James and Bryce Wilt, Ryan Wilt, Logan Peters, Sandra Brown, Brian Green, Glen A. Cooper, Kieman Green, Protodeacon Nicholas Lukianov, Matushka Nadejda Revitsky, John Hershey, Archpriest George Johnson, Lisa King Buka, Richard Buka Sr., Gene King, Howard J. Stickley, Larry Terrell, Matushka Larisa Hutnyan, Jackie Leopold, Ellaine Baron, Protodeacon Pavel Wolkow, Mother Theodora, Jerry Laxson, Archpriest Alexander Veronis, James Kushiner, Michael Gann, James Scott Jr., Anders Bjorklund, Maria Papademetriou, Peter and Laura Roshak and baby Mark, Protopresbyter Valery Lukianov, Archpriest George Kallaur, Archpriest Paul Ivanov, Christina Spannic, Ksenia Resnikoff, Maximos Andreas Winans, the captive Orthodox bishops from Aleppo, Syria: His Eminence Archbishop Boulos (Yazigi) and Mar Archbishop Youhanna Ibrahim

Memory Eternal: Monk Lazarus (Holy Trinity Monastery), Matushka Juliana Schmemann, Joseph Kumbera, Nolan Scully, Caryll Whipple (CAPT, USN, Ret.)

New Adult Religious Education Course on Wednesdays at 7 pm

A new series began in January: "Contemporary Moral Issues." Each week we tackle a moral or ethical issue (chosen by consensus of the class) in light of the Orthodox Tradition, using as a resource an excellent collection of short newspaper columns by Archpriest Stanley S. Harakas titled, *Contemporary Moral Issues*. (Copies are now available in the parish bookstore for \$13 apiece.) Fr. Stanley, former dean of Holy Cross Greek Orthodox School of Theology near Boston, MA, is our rector's long-time mentor in moral theology.

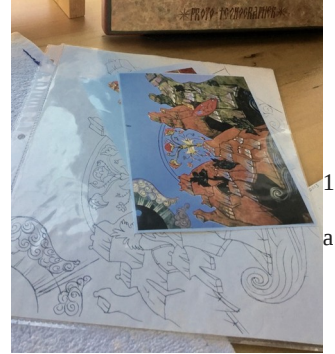
Sisterhood of the Myrrh-bearing Women: Spring Cleaning

A Spring Cleaning day will be scheduled prior to Holy Week. The kitchen still needs a deep cleaning of the cabinets. Any cabinet bearing a pink label needs to have the contents removed and cleaned and the cabinets need to be cleaned on the inside. After this is done, please remove the pink label. This cleaning can be accomplished at any time and is needed above and beyond the usual spring cleaning. Please contact Judith Cook with any questions.

The Iconography Guild of St. Theodosia

Landscape Elements in Icons, Iconography, and Iconology
Mini-workshop with Fr. Mefodii, Saturday, May 6, 2017, 9 a.m.-?

Our icon guild will be hosting a 2-part workshop that is for those who have already done icons or studies. Father will be giving lectures and hands-on instruction as we practice painting trees, mountains, caves, clouds, and rivers. Part will take place April 1, 2017, 12:30 - 4:00 in order to purchase and prepare our boards, and review the topic. Part 2, May 6th, will entail the actual workshop with potluck lunch as it will last into the afternoon. Since pigments, other supplies, and the donation to Fr. Mefodii will come from past-collected dues, this will be for members and guests. If you are not a member and wish to join, or cannot attend Part 1, please contact Mat. Joanna Laymon.



✠ ✠ ✠

Fellowship Hour

Mar. 19 ~ Fellowship provided by Team 3

Mar. 26 ~ Fellowship provided by Team 4

If anyone has any questions or is interested in hosting a particular Sunday please contact Judith Cook.

✠ ✠ ✠

Reader Schedule

Mar. 19 ~ Reader Steve Terrell

Mar. 26 ~ Reader Steve Miroy

If you are interested in assisting with the reading and becoming a tonsured reader please contact Deacon Alexander.

✠ ✠ ✠

Prosfora

Areti Stylianopoulos is currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 – all FM) and WTOP.com Any closings will also be posted on the home page of our website and via email to those who have asked to be on our electronic mailing list.

HOLY CONFESSIONS

Faithful communion in the Holy Mysteries requires faithful participation in the Holy Mystery of Confession. To apply Fr. Thomas Hopko's felicitous phrase "regular and disciplined communion" also to Confession entails Holy Confession ideally each month by those faithful who expect to receive the Body and Blood of Our Lord at each Sunday Divine Liturgy. The timing may be extended through the practice of "oikonomia" (exception for the greater good of both the person and the community) to once every two months.

However, Holy Confession less frequent than bi-monthly is, according to the guidance of our recent hierarch, His Beatitude Metropolitan Jonah, inadequate preparation for receiving the Body and Blood of our Lord. Regular opportunities for Holy Confession at St Herman of Alaska Orthodox Mission include the following: each Saturday after Great Vespers, each Wednesday evening before the Adult Religious Education class (that is, from 6 p.m. until 6:45 p.m.), Sundays after Divine Liturgy upon request, and by appointment at other times. Of course, parishioners may have established previous relations with other Orthodox priest-confessors that they may wish to continue. If that is the case, I ask only that such parishioners let me know the names of their priest-confessors, so that I can be confident that the spiritual relation is strong. Please honor the minimum standard for this necessary spiritual discipline and vital sacramental opportunity.



~ Archpriest Alexander



*Christ with me, Christ before me, Christ behind me,
Christ in me, Christ beneath me, Christ above me,
Christ on my right, Christ on my left
Christ where I lie, Christ where I sit, Christ where I arise
Christ in the heart of every man who thinks of me,
Christ in the mouth of every man who speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me.*

~ St. Patrick