



Sunday, February 9, 2020

St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Great Vespers & Confessions each Saturday at 6 pm – Bible Study each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am

60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: www.sthermanorthodox.org

Liturgical Services/Activities:

Sun. Feb. 9/Jan. 27	<u>Sunday of the Publican and the Pharisee. New Martyrs and Confessors of the Russian Church</u> 8:45 a.m. Matins 10:00 a.m. Divine Liturgy followed by Fellowship
Wed. Feb. 12/Jan. 30	<u>Synaxis of the Three Hierarchs: St. Basil the Great, St. Gregory the Theologian, and St. John Chrysostom.</u> 6:30 p.m. Great Vespers, followed by the Adult Religious Education Class
Fri. Feb. 14/Feb. 1	<u>Forefeast of the Meeting of Our Lord.</u> 6:30 p.m. Great Vespers and Litya
Sat. Feb. 15/Feb. 2	<u>The Meeting of Our Lord, God and Saviour Jesus Christ.</u> 8:45 a.m. Matins 10:00 a.m. Divine Liturgy 4:00 p.m. Catechumen Class 5:15 p.m. Confessions 6:00 p.m. Great Vespers
Sun. Feb. 16/Feb. 3	<u>Sunday of the Prodigal Son. Holy and Righteous Symeon the God-receiver and Anna the Prophetess (1st c.)</u> 8:30 a.m. Matins 10:00 a.m. Divine Liturgy followed by Fellowship

Attendance

Great Vespers, 2/2 – 32

Divine Liturgy, 2/3 – 81

2020 Finances

The Parish needs (TBD) /week to meet budget

<u>Week</u>	<u>Amount Received</u>	<u>Difference from amount needed</u>
Year-to-date	\$ 10,393.08	TBD
January 26	\$ 1,872.99	TBD
February 2	\$ 1,945.00	TBD

Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine. ˆ

Intercessory Prayer List

Metropolitan Jonah requests that you send him the full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for prayer, so that we may keep the list current.

LIVING: Sarah, Emmanuel, Mark, Claudia, Katherine, Erika, Victoria, Michael, Tate, Renate, Dieter, Rebekah, Sofia, Ioannis, Anastasia, Elizabeth, Georgia, John, Elena, Alice, Matthew, Boris, Elizabeth, Davis (Columba), Moses, Emma, Kristin, Monk Sergius, Priest John, Priest David, Priest Costa, Priest Michael, Presbyteria Cindy, Priest George, Presbyteria Areti, Nun Aimiliane, Priest Charalambos, Monk Serapheim, Elizabeth, Katje, Rachel, Mandi, Clive, Clair, Rebecca, Mark, Janis, Paisley, George, Archpriest Alexander, Matushka Kathleen, Emma Nicole, Alexa Kate, Steven, Chad, Millicent, Archpriest Victor, Matushka Masha, Pdn. Patrick, Matushka Joanna, Matushka Sophia, Mother Theodora, Archpriest Alexander, James, Leonidas, Sophia, Maria, Larry, Bill, Modestos, Reader Moses, Jo Ann, Sarah, Paula

MEMORY ETERNAL: Kathy Sekela



Fellowship Hour

Feb. 9~ Fellowship provided by Team 2

Feb. 16~ Fellowship provided by Team 3

If anyone would like to join a team or be put on the list of substitutes, or is interested in hosting a particular Sunday please contact Brianna Lessin or Mat. Veronica Sirko.



Reader Schedule

Feb. 9~Sdn. Nektarios Harrison

Feb. 15~Reader Moses Swift

Feb. 16~Sdn. Nicholas Sanford

If you are interested in assisting with the reading and becoming a tonsured reader please contact Fr. Alexander Laymon.



Prosfora

Nancy St. Clair and Brianna Lessin are currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 – all FM) and WTOP.com Any closings will also be posted on the home page of our website and via email to those who have asked to be on our electronic mailing list.

Readings for the Week of February 9th

Sunday 2/9

Matthew 28:16-20 (*1st Matins Gospel*)

2 Timothy 3:10-15

Luke 18:10-14

Romans 8:28-39 *Martyrs*

Luke 21:8-19 *Martyrs*

Monday 2/10

2 Peter 1:20-2:9

Mark 13:9-13

Galatians 5:22-6:2 *Venerable Ephraim*

Matthew 11:27-30 *Venerable Ephraim*

Tuesday 2/11

2 Peter 2:9-22

Mark 13:14-23

Wednesday Reading

2 Peter 3:1-18

Mark 13:24-31

Hebrews 4:14-5:6 *Hieromartyr Ignatius*

Mark 9:33-41 *Hieromartyr Ignatius*

Wednesday 2/12

John 10:9-16 *Matins Gospel*

Hebrews 13:7-16 *Epistle, Hierarchs*

Matthew 5:14-19 *Gospel, Hierarchs*

Thursday 2/13

1 John 1:8-2:6

Mark 13:31-14:2

Friday 2/14

1 John 2:7-17

Mark 14:3-9

Saturday Reading

2 Timothy 3:1-9

Luke 20:46-21:4

Saturday 2/15

Luke 2:25-32 *Matins Gospel*

Hebrews 7:7-17 *Epistle, Meeting*

Luke 2:22-40 *Gospel, Meeting*

Brotherhood (and Families!) Event at the Queen of All Skete February 22nd!

On Saturday, February 22nd, the day before Meatfare Sunday, families are coming to help out at the Queen of All Skete. Father Deacon Joseph, chairman of the Brotherhood of Saint George the Dragon Slayer at St. Herman's in Stafford is providing a good deal of assistance in coordinating things.

Starting around 9 AM, we will be working outside, pulling out logs and cutting small growth in the beautiful woods (as it is easier to see with no leaves on the trees). We'll toss the debris into a trailer and then dump it in one of the fields. After a few hours, we'll light a bonfire – we want to do this early enough in the day that it will be extinguished by Vespers time.

Children (we have quite a few at Stafford!) will be given play firemen's hats and the adults can help teach them how to control a fire. The Skete has hoses and nozzles.

Because it is the day before Meatfare, a blessing is given for people to bring meat to cook outside, over the bonfire or on a grill if they wish to bring one. There is no kitchen facility in the Skete, and there is only a very small bathroom sink. Any meat will have to be prepared in advance and brought in coolers.

For those not wanting to work outside, the upstairs area is ready to be painted, a small bit of insulation still needs to be done in the mechanical/laundry room, and there are probably other indoor tasks.

This will be a wonderful opportunity for Orthodox people to get together before Lent.

In the afternoon we will celebrate Vespers.

Questions may be directed to Mother Andrea, or Father Deacon Joseph Sirko.

Please bring chainsaws, pick up trucks/trailers, food/beverage, work gloves/goggles, boots, and any lawn tools for cutting small brush and pruning.

Looking forward to hosting everyone!

In our Lord Jesus Christ,
Mother Andrea

Essential Oils Class

We've all heard about essential oils, but you might be asking: "What exactly are they? How do I use them? Are they all the same?" God gave us these amazing tools in nature, so join Brianna Lessin and a certified aromatherapist, Meredith Irwin (her business partner), to find the answers to these questions and any others you have! We will begin at 2PM on Saturday, 29 February in the fellowship hall. (Then stay for games after! We'll bring some snacks for you!)

Game Day at St. Herman's!

Enjoy board games, table top games, or cards? We will be gathering at the Fellowship Hall on Feb. 29th at 3:30 p.m. to play games until we adjourn for Great Vespers at 6 p.m. There will be games for all ages, so everyone is encouraged to come and bring your favorite game to share, or come and learn a new one! If you have any questions, please speak with Joe or Kristin Milligan.

"A psalm implies serenity of soul; it is the author of peace, which calms bewildering and seething thoughts. For, it softens the wrath of the soul, and what is unbridled it chastens. A psalm forms friendships, unites those separated, conciliates those at enmity. Who, indeed, can still consider as an enemy him with whom he has uttered the same prayer to God?"

So that psalmody, bringing about choral singing, a bond, as it were, toward unity, and joining the people into a harmonious union of one choir, produces also the greatest of blessings, charity. A psalm is a city of refuge from the demons, a means of inducing help from the angels, a weapon in fears by night, a rest from toils by day, a safeguard for infants, an adornment for those at the height of their vigor, a consolation for the elders, a most fitting ornament for women.

It peoples the solitudes; it rids the market place of excesses; it is the elementary exposition of beginners, the improvement of those advancing, the solid support of the perfect, the voice of the Church. It brightens the feast days; it creates a sorrow which is in accordance with God.

For, a psalm is the work of angels, a heavenly institution, the spiritual incense."

— St. Basil the Great