



Sunday, May 10, 2020

St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Great Vespers & Confessions each Saturday at 6 pm – Bible Study each Wednesday at 7 pm – Divine Liturgy each Sunday at 10 am

60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: www.sthermanorthodox.org

Liturgical Services/Activities: *(please remember to sign up for services and communion)*

Sun. May 10/Apr. 27	<u>Fourth Sunday of Pascha: The Paralyzed Man. Righteous Tabitha (1st c.)</u> 9:45 a.m. Reading of the Hours 10:00 a.m. Divine Liturgy
Wed. May 13/Apr. 30	<u>Holy Apostle James, the brother of St. John the Theologian (AD 44).</u> 6:30 p.m. Vespers followed by Adult Religious Education Class
Sat. May 16/May 3	<u>New Hieromartyr John priest (AD 1942).</u> 4:00 p.m. Catechumen class 5:15 p.m. Confessions 6:00 p.m. Great Vespers
Sun. May 17/May 4	<u>Fifth Sunday of Pascha: The Samaritan Woman. Virgin-martyr Pelagia of Tarsus in Asia Minor (AD 287).</u> 9:45 a.m. Reading of the Hours 10:00 a.m. Divine Liturgy

Attendance

Great Vespers, 5/2– 10	Divine Liturgy, 5/3–10	Vespers, 5/6–10
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2020 Finances

The Parish needs \$2,110/week to meet budget

<u>Week</u>	<u>Amount Received</u>	<u>Difference from amount needed</u>
Year-to-date	\$ 42,767.91	+ 4,787.91
April 26	\$ 2,679.60	+ \$ 569.60
May 3	TBA	TBA

Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine. ˆ

Intercessory Prayer List

Metropolitan Jonah requests that you send him the full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for prayer, so that we may keep the list current.

LIVING: Sarah, Emmanuel, Mark, Claudia, Katherine, Erika, Victoria, Michael, Tate, Renate, Dieter, Rebekah, Sofia, Ioannis, Anastasia, Elizabeth, Georgia, John, Elena, Alice, Matthew, Boris, Elizabeth, Davis (Columba), Moses, Emma, Kristin, Monk Sergius, Priest John, Priest David, Priest Costa, Priest Michael, Presbyteria Cindy, Priest George, Presbyteria Areti, Nun Aimiliane, Priest Charalambos, Monk Serapheim, Elizabeth, Katje, Rachel, Mandi, Clive, Clair, Rebecca, Mark, Janis, Paisley, George, Archpriest Alexander, Matushka Kathleen, Emma Nicole, Alexa Kate, Steven, Chad, Millicent, Archpriest Victor, Matushka Masha, Pdn. Patrick, Matushka Joanna, Matushka Sophia, Mother Theodora, Archpriest Alexander, James, Leonidas, Sophia, Maria, Larry, Bill, Modestos, Katya & baby, Ephraim, Reader Moses, Jo Ann, Sarah, Paul, Laura and baby, Brianna, Irene & baby Lydia, Robert, Baby Nina, Charley & Alexandra

MEMORY ETERNAL: Stanislav Tschursin, Brian

Refuse to listen to the devil when he whispers to you: give me now, and you will give tomorrow to God. No, no! Spend all the hours of your life in a way pleasing to God; keep in your mind the thought that after the present hour you will not be given another and that you will have to render a strict account for every minute of this present hour.

+ From [Unseen Warfare](#), St. Theophan the Recluse and St. Nicodemus of the Holy Mountain



Fellowship Hour

Fellowship (Agape meal) is canceled until further notice. There will only be coffee available for those to who would like some for their trip home.

If anyone would like to join a team or be put on the list of substitutes, or is interested in hosting a particular Sunday please contact Brianna Lessin or Mat. Veronica Sirko.



Reader Schedule

May 10 ~ Rdr. Aaron Lessin
May 17 ~ Rdr. Steve Terrell

If you are interested in assisting with the reading and becoming a tonsured reader please contact Fr. Alexander Laymon.



Prosfora

Nancy St. Clair and Brianna Lessin are currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

We are registered with two broadcast media weather alert systems: (1) television: WJLA-TV (channel 7) and News Channel 8, and (2) radio: WTOP radio (103.5, 103.9, 107.7 – all FM) and WTOP.com Any closings will also be posted on the home page of our website and via email to those who have asked to be on our electronic mailing list.

Readings for the Week of May 10th

Sunday 5/10

Luke 24:1-12 (*4th Matins Gospel*)
Acts 9:32-42
John 5:1-15
1 Corinthians 4:9-16 *Apostle*
Matthew 13:54-58 *Apostle*

Monday 5/11

Acts 10:1-16
John 6:56-69

Tuesday 5/12

Acts 10:21-33
John 7:1-13

Wednesday 5/13

John 21:15-25 *Matins Gospel*
Acts 14:6-18
John 7:14-30
Acts 12:1-11 *Apostle*
Luke 5:1-11 *Apostle*
Hebrews 7:26-8:2 *St. Ignatius*
John 10:9-16 *St. Ignatius*

Thursday 5/14

Acts 10:34-43
John 8:12-20

Friday 5/15

Acts 10:44-11:10
John 8:21-30

Saturday 5/16

Luke 6:17-23 *Matins Gospel*
Acts 12:1-11
John 8:31-42
Hebrews 13:7-16 *Venerable*
Matthew 11:27-30 *Venerable*

"If [the disease of sin] is natural, then it cannot be cured. Thus it would remain always, no matter how hard you worked to rid yourself of it. If you accept this thought, you will lose heart, and say to yourself: this is how it is. For this is that woeful despair, which, once it has been introduced into people, they have given themselves over to lasciviousness, to work all uncleanness (Ephesians 4: 19).

"I shall repeat again: Maintain the conviction that our disorderliness is not natural to us, and do not listen to those who say, 'It is no use talking about it, because that is just how we are made, and you cannot do anything about it.' That is not how we are made, and if we undertake to cure ourselves, then we will be able to do something about it."

+ St. Theophan the Recluse, [The Spiritual Life: And How to Be Attuned to It](#)

Reminder:

In an attempt to avoid gatherings of more than ten (10) people, please sign-up at following link to attend services or receive communion at designated times: <https://sugeni.us/ctvM>. Everyone who feels able to attend service or receive communion is encouraged to sign up. There are also times before services to sign up for confession. Those who cannot attend service are encouraged to read the Typika during service times and can call Vladyka about arranging a time for communion to be brought to them.

Current Status on Services and specific details on receiving communion at designated times outside of scheduled service times can be found at the top of the church website: <https://sthermanorthodox.org> or directly at <https://sthermanorthodox.org/currentstatus>

Covid-19 and Donations

Because of the current situation at church, I believe people are reluctant to leave their donations because neither Judith, Nancy, nor I have been there. However, Judith and I have been coming by after church to pick up the donations, count them and process them each week.

If leaving them is something you are not comfortable with, you can mail them to our post office box address, St Herman of Alaska Orthodox Church, PO Box 1295, Stafford, VA 22554. I go to the post office to check the mail at least once a week.

Another solution, that Vladyka is very much in favor of, is to arrange automatic transfers from your personal checking account to the church checking account. There is no need to go inside your bank. This usually can be arranged online by selecting the "bill pay" or "transfer" option, and selecting the reoccurring option. (every month on the same day of the month.)

