



Sunday, March 21, 2021

# St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Vigil & Confessions each Saturday at 6 pm – Adult Education each Wednesday at 7:15 pm – Divine Liturgy each Sunday at 10 am

60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: [www.sthermanorthodox.org](http://www.sthermanorthodox.org)

## Liturgical Services/Activities:

- Sun. Mar. 21/Mar. 8**      **First Sunday of the Great Lent: Triumph of Orthodoxy**  
**9:30 a.m.**    Reading of the Hours  
**10:00 a.m.**    Divine Liturgy followed by Lenten Fellowship
- Wed. Mar. 24/Mar. 11**    **St. Euthymius, Bishop of Novgorod, wonderworker (AD 1458).**  
**6:00 p.m.**    Presanctified Liturgy
- Sat. Mar. 27/Mar. 14**    **Synaxis of all Venerable Fathers of the Kiev Caves**  
**3:00 p.m.**    Catechumen Class  
**4:45 p.m.**    Confessions  
**5:00 p.m.**    Vigil
- Sun. Mar. 28/Mar. 15**    **Second Sunday of the Great Lent: St. Gregory Palamas the Archbishop of Thessalonica**  
**9:30 a.m.**    Reading of the Hours  
**10:00 a.m.**    Divine Liturgy followed by Fellowship

*The risk of the COVID virus has compelled some of our parishioners to absent themselves from public contact including attendance at the Divine Liturgy. If you have been unable to come to church and would like to have communion brought to your home, please contact Fr. Alexander at 540-212-1855 or [anevsky54@gmail.com](mailto:anevsky54@gmail.com).*

## Attendance

Great Vespers, 3/13--

Divine Liturgy, 3/14--

## 2021 Finances

### The Parish needs TBA/week to meet budget

<u>Week</u>	<u>Amount Received</u>	<u>Difference from amount needed</u>
Year-to-date	\$ 37,304.67	+ \$ 6,172.92
March 7	\$ 4,840.36	+ \$ 2,445.61
March 14	\$ 3,341.00	+ \$ 946.25

*Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine.*

## Intercessory Prayer List

*Metropolitan Jonah requests that you send him the full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for prayer, so that we may keep the list current.*

**LIVING:** Sarah, Emmanuel, Mark, Claudia, Katherine, Erika, Victoria, Michael, Tate, Renate, Dieter, Rebekah, Sofia, Ioannis, Anastasia, Elizabeth, Georgia, John, Elena, Alice, Matthew, Boris, Elizabeth, Davis (Columba), Moses, Emma, Kristin, Monk Sergius, Priest John, Priest David, Priest Costa, Priest Michael, Presbyteria Cindy, Priest George, Presbyteria Areti, Nun Aimiliane, Priest Charalambos, Monk Serapheim, Elizabeth, Katje, Rachel, Mandi, Clive, Clair, Rebecca, Janis, Paisley, George, Archpriest Alexander, Matushka Kathleen, Emma Nicole, Alexa Kate, Steven, Millicent, Archpriest Victor, Matushka Masha, Pdn. Patrick, Matushka Joanna, Matushka Sophia, Mother Theodora, Archpriest Alexander, James, Leonidas, Sophia, Maria, Larry, Bill, Modestos, Ephraim, Reader Moses, Jo Ann, Sarah, Paul, Brianna, Robert, Baby Nina, Charley & Alexandra, Irina & baby, Rebecca, Priest Alexander Laymon, Archpriest Michael Sekela

MEMORY ETERNAL:

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**Fellowship Hour**

Mar. 28 Lenten Fellowship provided by Team 4  
Apr. 4 Lenten Fellowship provided by Team 1

If anyone would like to join a team or be put on the list of substitutes, or is interested in hosting a particular Sunday please contact Brianna Lessin.

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**Reader Schedule**

Mar. 24 Rdr. Steve Miroy  
Mar. 28 Rdr. John Raccanello  
Mar. 31 Rdr. Joseph McLeod  
Apr. 4 Rdr. Bessarion Grant

If you are interested in assisting with the reading and becoming a tonsured reader please contact Fr. Alexander Laymon.

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**Prosfora**

Nancy St. Clair and Brianna Lessin are currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

**Readings for the Week of March 21<sup>st</sup>**

**Sunday 3/21**

John 20:11-18 (8th Matins Gospel)  
Hebrews 11:24-26, 11:32-12:2  
John 1:43-51

**Monday 3/22**

Luke 21:12-19 Matins Gospel  
Isaiah 4:2-5:7 (6th Hour)  
Genesis 3:21-4:7 (Vespers, 1st Reading)  
Proverbs 3:34-4:22 (Vespers, 2nd Reading)  
Hebrews 12:1-10 40 Martyrs  
Matthew 20:1-16 40 Martyrs

**Tuesday 3/23**

Isaiah 5:7-16 (6th Hour)  
Genesis 4:8-15 (Vespers, 1st Reading)  
Proverbs 5:1-15 (Vespers, 2nd Reading)

**Wednesday 3/24**

Isaiah 5:16-25 (6th Hour)  
Genesis 4:16-26 (Vespers, 1st Reading)  
Proverbs 5:15-6:4 (Vespers, 2nd Reading)

**Thursday 3/25**

Isaiah 6:1-12 (6th Hour)  
Genesis 5:1-24 (Vespers, 1st Reading)  
Proverbs 6:3-20 (Vespers, 2nd Reading)

**Friday 3/26**

Isaiah 7:1-15 (6th Hour)  
Genesis 5:32-6:8 (Vespers, 1st Reading)  
Proverbs 6:20-7:1 (Vespers, 2nd Reading)

**Saturday 3/27**

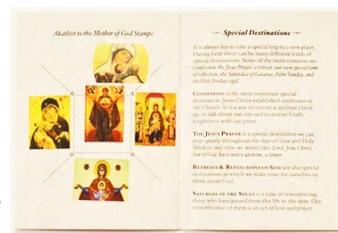
Hebrews 3:12-16  
1 Thessalonians 4:13-17 (Departed)  
Mark 1:35-44  
John 5:24-30 (Departed)

**Limited Seating**

A limited number of seats is provided in the nave at St. Herman's. These are primarily for the use of mothers with infants, the elderly and the infirm who cannot stand for long periods. Young people especially, should be considerate and give way to allow those who need to sit an opportunity to do so.

**St. Herman's Youth, Come Join us on a Lenten Journey!**

St. Herman's Sunday School is encouraging all the youth of St. Herman's to grab a Pascha Passport and take it with you this year during your Lenten journey. After each service, come to the Fellowship Hall and get your passport "stamped" with one of the beautiful icon stickers which corresponds to the service. During the week, take your passport home and use it to keep track of your "Personal Day Trips" of prayer, Bible reading, fasting and almsgiving. And don't forget those "Special Destinations" you can visit, such as Confession, the Jesus Prayer, Lazarus Saturday and Palm Sunday. Come visit the Pascha Passport table in the Fellowship Hall and sign up for a wonderful journey!



"The candles lit before icons of saints reflect their ardent love for God for Whose sake they gave up everything that man prizes in life, including their very lives, as did the holy apostles, martyrs and others. These candles also mean that these saints are lamps burning for us and providing light for us by their own saintly living, their virtues and their ardent intercession for us before God through their constant prayers by day and night. The burning candles also stand for our ardent zeal and the sincere sacrifice we make out of reverence and gratitude to them for their solicitude on our behalf before God."

+ St. John of Kronstadt

The devil approaches the God-man with temptations. Who among men is free of them?

He who goes according to the will of the evil one does not experience attacks, but is simply turned more and more toward evil. As soon as one begins to come to himself and intends to begin a new life according to God's will, immediately the entire satanic realm enters into action: they hasten to scatter good thoughts and the intentions of the repentant one in any way they can.

If they do not manage to turn him aside, they attempt to hinder his good repentance and confession; if they do not manage to do that, they contrive to sow tares amidst the fruits of repentance and disrupt his labors of cleansing the heart.

If they do not succeed in suggesting evil they attempt to distort the truth; if they are repulsed inwardly they attack outwardly, and so on until the end of one's life. They do not even let one die in peace; even after death they pursue the soul, until it escapes the aerial space where they hover and congregate.

You ask, "What should we do? It is hopeless and terrifying!"

For a believer there is nothing terrifying here, because near a God-fearing man demons only busy themselves, but they do not have any power over him. A sober man of prayer shoots arrows against them, and they stay far away from him, not daring to approach, and fearing the defeat which they have already experienced.

If they succeed in something, it is due to our blundering. We slacken our attention, or allow ourselves to be distracted by their phantoms, and they immediately come and disturb us more boldly.

If you do not come to your senses in time they will whirl you about; but if a soul does come to its senses they again recoil and spy from afar to see whether it is possible to approach again somehow.

So be sober, watch, and pray—and the enemies will do nothing to you.

+ St. Theophan the Recluse, [Thoughts for Each Day of the Year: According to the Daily Church Readings from the Word of God](#)

Closings due to weather or other event will be sent via our electronic mailing lists and posted on our Facebook page. Additionally, we are using the Remind App to send text messages of last minute schedule changes. Text @stherman to 81010 to be added to our text notification group.