



Sunday, May 23, 2021

St. Herman of Alaska Orthodox Church

A PARISH OF THE RUSSIAN ORTHODOX CHURCH OUTSIDE OF RUSSIA—EASTERN AMERICAN DIOCESE

Vigil & Confessions each Saturday at 6 pm – Adult Education each Wednesday at 7:15 pm – Divine Liturgy each Sunday at 10 am

60 Clifton Chapel Lane, Stafford, Virginia 22555 – Mailing Address: P.O. Box 1295, Stafford, VA 22555 – Website: www.sthermanorthodox.org

Liturgical Services/Activities:

- Sun. May 23/May 10** **Fourth Sunday of Pascha: The Paralyzed Man. Righteous Tabitha (1st c.)**
9:30 a.m. Reading of the Hours
10:00 a.m. Divine Liturgy followed by Fellowship Hour
- Wed. May 26/May 13** **Virgin-martyr Glyceria at Heraclea (AD 141) and with her Martyr Laodicius, jailer of St. Glyceria.**
6:30 p.m. Vespers
- Sat. May 29/May 16** **Right-believing Tamara, Queen of Georgia**
3:00 p.m. Catechumen Class
5:00 p.m. Vigil and Confessions
- Sun. May 30/May 17** **Fifth Sunday of Pascha: The Samaritan Woman.. Apostle Andronicus of the Seventy and his fellow laborer Junia (1st c.).**
9:30 a.m. Reading of the Hours
10:00 a.m. Divine Liturgy followed by Fellowship Hour

The risk of the COVID virus has compelled some of our parishioners to absent themselves from public contact including attendance at the Divine Liturgy. If you have been unable to come to church and would like to have communion brought to your home, please contact Fr. Alexander at 540-212-1855 or anevsky54@gmail.com.

2021 Finances

The Parish needs \$2,394.75/week to meet budget

<u>Week</u>	<u>Amount Received</u>	<u>Difference from amount needed</u>
Year-to-date	\$ 66,664.12	+ \$ 23,558.62
May 2	\$ 4,729.65	+ \$ 2,374.50
May 9	TBA	TBA

Honor the Lord from your righteous labors and offer Him the first fruits from the fruits of righteousness, that your storehouses may be filled with an abundance of grain and your wine presses may gush with wine. ˆ

Intercessory Prayer List

Metropolitan Jonah requests that you send him the full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for prayer, so that we may keep the list current.

LIVING: Sarah, Emmanuel, Mark, Claudia, Katherine, Erika, Victoria, Michael, Tate, Renate, Dieter, Rebekah, Sofia, Ioannis, Anastasia, Elizabeth, Georgia, John, Elena, Alice, Matthew, Boris, Elizabeth, Davis (Columba), Moses, Emma, Kristin, Monk Sergius, Priest John, Priest David, Priest Costa, Priest Michael, Presbyteria Cindy, Priest George, Presbyteria Areti, Nun Aimiliane, Priest Charalambos, Monk Serapheim, Elizabeth, Katje, Rachel, Mandi, Clive, Clair, Rebecca, Janis, Paisley, George, Archpriest Alexander, Matushka Kathleen, Emma Nicole, Alexa Kate, Steven, Millicent, Archpriest Victor, Matushka Masha, Pdn. Patrick, Matushka Joanna, Matushka Sophia, Mother Theodora, Archpriest Alexander, James, Leonidas, Sophia, Maria, Larry, Bill, Modestos, Ephraim, Reader Moses, Jo Ann, Sarah, Paul, Brianna, Robert, Baby Nina, Charley & Alexandra, Irina & baby, Rebecca, Priest Alexander Laymon, Archpriest Michael Sekela, Fr. Filipe and his family

MEMORY ETERNAL:

Calling all Graduates!

We would like to acknowledge in the bulletin those in our parish who are graduating from high school or college this summer (or from this past winter). If you or your child is graduating/just graduated, please send their name and any additional information you would like (where, degree, etc). Thank you for your help in this!

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Fellowship Hour

- May 23 Fellowship provided by the men of St. Herman's in honor of Mother's Day
- May 30 Fellowship provided by Team 4
- June 6 Fellowship provided by Team 1

If anyone would like to join a team or be put on the list of substitutes, or is interested in hosting a particular Sunday please contact Brianna Lessin.

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Reader Schedule

- May 23 Rdr. Michael Yuschak
- May 30 Rdr. Stephen Miroy
- June 6 Rdr. Stephen Terrell

If you are interested in assisting with the reading and becoming a tonsured reader please contact Fr. Alexander Laymon.

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Prosfora

Nancy St. Clair and Brianna Lessin are currently providing the Prosfora. If you are interested in helping to make Prosfora for the church, please contact Nancy St. Clair.

Readings for the Week of May 23rd

Sunday 5/23

Luke 24:1-12 (*4th Matins Gospel*)
 Acts 9:32-42
 John 5:1-15
 1 Corinthians 4:9-16 *Apostle*
 Matthew 13:54-58 *Apostle*

Monday 5/24

John 10:9-16 *Matins Gospel*
 Acts 10:1-16
 John 6:56-69
 Hebrews 7:26-8:2 *Equals-to-the Apostles*
 Matthew 5:14-19 *Equals-to-the Apostles*

Tuesday 5/25

John 10:1-9 *Matins Gospel*
 Acts 10:21-33
 John 7:1-13
 Hebrews 13:17-21 *St. Hermogenes*
 John 10:9-16 *St. Hermogenes*

Wednesday 5/26

Acts 14:6-18
 John 7:14-30

Thursday 5/27

Acts 10:34-43
 John 8:12-20

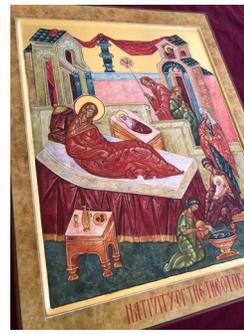
Friday 5/28

Acts 10:44-11:10
 John 8:21-30

Saturday 5/29

Acts 12:1-11
 John 8:31-42

New Feast Day Icons to be Blessed!



The new feast day icons of The Entrance and the Dormition of the Theotokos will be blessed Sunday, May 21st and given to St. Herman's. Thank you to all who sponsored them. These donations also supported our building fund.

Additionally, The Nativity of the Theotokos icon will be on display in the hall Sunday. If you wish to make a donation for it, please include a memo for the icon with the donation to St. Herman's.

Invitation! Annual Icon Workshop! Aug. 2-7, 2021

Would you like to learn to write an icon of Great Martyr and Healer St. Panteleimon from start to finish, complete with a 23K gold halo?



We are pleased to announce that master iconographer, Fr. Igumen Mefodii from the Prosopon School of Iconology will return August 2-7 to lead St. Herman's annual

iconography workshop for all skill levels. Join us for this spiritual retreat of prayer and practice, to learn both the techniques and the spiritual symbolism of the icon. Father chose St. Panteleimon in gratitude for both St. Panteleimon's prayerful intercession this last year and for the Lord's protection.

Time is short and there are limited spaces available (first-come) this year.

Contact Mat. Joanna soon for details:
sttheodosiaconguild@yahoo.com

Sunday School End of Year Celebration

The last day of Sunday School will be June 6th. We will be ending this year with a water play party and ice cream sundae bar! Water balloons, several water "cannons", and a couple wading pools (for the smaller people) will be provided, but whatever water toys others would like to bring and share are always welcome. Please be sure that the students bring their swimsuits and/or a change of clothes on this day!!! (If the weather decides not to cooperate, we will postpone the party by a week). For the ice cream sundaes, please bring your favorite topping to share!

As thou takest thy seat at table, pray. As thou liftest the loaf, offer thanks to the Giver. When thou sustainest thy bodily weakness with wine, remember Him Who supplies thee with this gift, to make thy heart glad and to comfort thy infirmity. Has thy need for taking food passed away? Let not the thought of thy Benefactor pass away too. As thou art putting on thy tunic, thank the Giver of it. As thou wrappeth thy cloak about thee, feel yet greater love to God, Who alike in summer and in winter has given us coverings convenient for us, at once to preserve our life, and to cover what is unseemly. Is the day done? Give thanks to Him Who has given us the sun for our daily work, and has provided for us a fire to light up the night, and to serve the rest of the needs of life. Let night give the other occasion of prayer. When thou lookest up to heaven and gazest at the beauty of the stars, pray to the Lord of the visible world; pray to God the Arch-artificer of the universe, Who in wisdom hath made them all. When thou seest all nature sunk in sleep, then again worship Him Who gives us even against our wills release from the continuous strain of toil, and by a short refreshment restores us once again to the vigour of our strength. Let not night herself be all, as it were, the special and peculiar property of sleep. Let not half thy life be useless through the senselessness of slumber. Divide the time of night between sleep and prayer. Nay, let thy slumbers be themselves experiences in piety; for it is only natural that our sleeping dreams should be for the most part echoes of the anxieties of the day. As have been our conduct and pursuits, so will inevitably be our dreams. Thus wilt thou pray without ceasing; if thou prayest not only in words, but unitest thyself to God through all the course of life and so thy life be made one ceaseless and uninterrupted prayer."

+ St. Basil the Great, from Homily V. In martyrem Julittam, quoted in the Prolegomena in Nicene and Post-Nicene Fathers Series II Volume 8

Closings due to weather or other event will be sent via our electronic mailing lists and posted on our Facebook page. Additionally, we are using the Remind App to send text messages of last minute schedule changes. Text @stherman to 81010 to be added to our text notification group.