St. Herman of Alaska Orthodox Church November 13th Weekly Bulletin

60 Clifton Chapel Lane, Stafford, Virginia 22555 -Mailing Address: P.O. Box 1295, Stafford, VA 22555 -Website: www.sthermanorthodox.org



¥ Sunday Divine Liturgy 10 a.m. ¥ * Saturday Catechumen Class 3 p.m. Vespers and Confessions 5 p.m. * ₩ Wednesday Confession, Vespers and Adult Ed. Classes 4:30 p.m. 6:30 p.m. and 7 p.m.

Metropolitan Jonah (Paffhausen) Pastor 214.991.0876 Metjonah@gmail.com

Priest Alexander Laymon Assistant Pastor 540.212.1855 anevsky54@gmail.com

Priest Mark Grant Assistant Pastor 804.925.5888 frmarkgrant@gmail.com

Archpriest Alexander F. C. Webster Retired, Attached 703.297.7744 chaplain.webster@gmail.com

Hierodeacon Mark (Sanford) sanfordm@me.com

Fellowship Meal Nov. 13 – Fellowship Team 2 Nov. 20 – Fellowship Team 3 Nov. 27 – Fellowship Team 4 Dec. 4 - Fellowship Team 1

If anyone would like to join a team or be put on the list of substitutes, or is interested in hosting a particular Sunday please contact Jo Lu Terrell.

> H H H

Reader Schedule Nov. 13 – Br. Andrew Nov. 20 – Andrei Petrov Nov. 27 – George Dec. 4 – Constantine Dec. 11 – Sbd. Stephen Terrell

If you are interested in assisting with the reading and becoming a tonsured reader please contact Fr. Alexander Laymon.

Liturgical Services/Activities: Wed. Nov. 9/Oct. 27 Martyr Nestor of Thessalonica (306) 4:30 p.m. Confession 6:30 p.m. Vespers 7:00 p.m. Adult Education Class Sat. Nov. 12/Oct. 30 Hieromartyr Zenobius and his sister Zenobia of Aegae, Cilicia 3:00 p.m. Catechumen's Class 5:00 p.m. Great Vespers and Confessions Sun. Nov. 13/Oct. 31 Apostles Stachys, Amplias, Urban, Narcissus, Apelles, and Aristobulus of the Seventy 9:30 a.m. Hours 10:00 a.m. Divine Liturgy Wed. Nov. 16/Nov. 3

Sat. Nov. 19/Nov. 6

Sun. Nov. 20/Nov. 7

Martyrs Acepsimas the Bishop, Joseph the Presbyter, and Aeithalas the Deacon, of Persia 3:00 p.m. Catechumen's Class 5:00 p.m. Great Vespers and Confessions

St. Paul the Confessor, Archbishop of Constantinople 3:00 p.m. Catechumen's Class 5:00 p.m. Great Vespers and Confessions

Holy 33 Martyrs of Melitene 9:30 a.m. Hours 10:00 a.m. Divine Liturgy

Festal Icons

St Herman is blessed to have our very own iconographer in our midst. Matushka Joanna has embarked on a journey to provide the festal icons for our church. Take a moment to look around our church and see the beautiful hand written icons she has provided. St Herman recognizes the value of her labors. The Festal Icons Fund was created to provide recompense to Matushka Joanna for these valuable additions to our church. Please consider supporting her work by making a donation to that fund. We are trying to collect \$2000 for each icon.

Closing Costs for Clifton Chapel

To complete our purchase of Clifton Chapel the parish will need to pay for legal fees, title search and surveys of the property and the road. If you would like to assist in covering these expenses, please indicate "Clifton Chapel purchase" on your gift. Funds collected in excess of these needs will be added to the Clifton Chapel improvement fund.

Church Food Pantry

The Church Food Pantry is now open in the hall basement, and you can take food from the pantry anytime the hall is open. If you also need monetary assistance for items not in the pantry, such as gas or baby items, please talk to, email, or call Fr. Alexander Laymon at anevsky54@gmail.com or 540.212.1855.

The Pantry will continually be accepting food donations by placing the food in the hall, and accepting monetary donations in the church donation box marked "Food Pantry".

Limited Seating

The pews around the nave are placed there primarily for pregnant women, parents with small children, the aged and infirm. If you are young and healthy please be considerate of other parishioners and allow those who need to sit down a place to do so.

During Communion

It is customary in Orthodox Churches for those who commune to approach the chalice with crossed arms and to give their Orthodox name to the priest. Announcing one's name is most helpful to the priest who must then repeat the name when communing the individual.

Flower Fund

The Sisterhood has established a donation box to collect money to furnish flowers for our church. The box is in the narthex. Please make checks payable to the Sisterhood of the Myrrh-bearing Women.

Sewing Guild

The sewing guild meets every second Saturday of the month from noon until 2:30 pm to work on pattern making and other various projects for the church. Bring your sewing machine and white thread to help with these projects. No sewing experience is required; these are learn as you go projects. For additional information please contact Judith Cook at <u>sarithsews@gmail.com</u> or Kris Milligan at <u>thosemilligans@gmail.com</u>.

Metropolitan Nicholas is Coming!

On Friday after Thanksgiving, November 24 at 6:30pm, Metropolitan Nicholas will come and visit our Parish, and bring the ancient miraculous Kursk Icon of the Mother of God. This will be his first official visit as First Hierarch to our parish. He hopes to meet everyone, and all of us should come and ask his blessing. We will serve a Moleben and Akathist to the Mother of God before the holy Icon.



22^{ND} Sunday after Pentecost Epistle: Galatians 6:11-18

- ¹¹ See with what large letters I have written to you with my own hand!
- ¹² As many as desire to make a good showing in the flesh, these would compel you to be circumcised, only that they may not suffer persecution for the cross of Christ.
- ¹³ For not even those who are circumcised keep the law, but they desire to have you circumcised that they may boast in your flesh.
- ¹⁴ But God forbid that I should boast except in the cross of our Lord Jesus Christ, by whom the world has been crucified to me, and I to the world.
- ¹⁵ For in Christ Jesus neither circumcision nor uncircumcision avails anything, but a new creation.
- ¹⁶ And as many as walk according to this rule, peace and mercy be upon them, and upon the Israel of God.
- ¹⁷ From now on let no one trouble me, for I bear in my body the marks of the Lord Jesus.
- ¹⁸ Brethren, the grace of our Lord Jesus Christ be with your spirit. Amen.

22^{ND} Sunday after Pentecost Gospel: Luke 8:26-39

- ²⁶ Then they sailed to the country of the Gadarenes, which is opposite Galilee.
- ²⁷ And when He stepped out on the land, there met Him a certain man from the city who had demons for a long time. And he wore no clothes, nor did he live in a house but in the tombs.
- ²⁸ When he saw Jesus, he cried out, fell down before Him, and with a loud voice said, "What have I to do with You, Jesus, Son of the Most High God? I beg You, do not torment me!"
- ²⁹ For He had commanded the unclean spirit to come out of the man. For it had often seized him, and he was kept under guard, bound with chains and shackles; and he broke the bonds and was driven by the demon into the wilderness.
- ³⁰ Jesus asked him, saying, "What is your name?" And he said, "Legion," because many demons had entered him.
- ³¹ And they begged Him that He would not command them to go out into the abyss.
- ³² Now a herd of many swine was feeding there on the mountain. So they begged Him that He would permit them to enter them. And He permitted them.
- ³³ Then the demons went out of the man and entered the swine, and the herd ran violently down the steep place into the lake and drowned.
- ³⁴ When those who fed them saw what had happened, they fled and told it in the city and in the country.
- ³⁵ Then they went out to see what had happened, and came to Jesus, and found the man from whom the demons had departed, sitting at the feet of Jesus, clothed and in his right mind. And they were afraid.
- ³⁶ They also who had seen it told them by what means he who had been demon-possessed was healed.
- ³⁷ Then the whole multitude of the surrounding region of the Gadarenes asked Him to depart from them, for they were seized with great fear. And He got into the boat and returned.
- ³⁸ Now the man from whom the demons had departed begged Him that he might be with Him. But Jesus sent him away, saying,
- ³⁹ Return to your own house, and tell what great things God has done for you. And he went his way and proclaimed throughout the whole city what great things Jesus had done for him.

The Holy Martyrs Marcian and Martyrius

These saints of God were clergymen under Paul, the Patriarch of Constantinople, during the reign of Emperor Constantius. With the death of the great Emperor Constantine, the Arian heresy, which until then had been suppressed, revived and gained momentum. Even Emperor Constantius himself leaned toward this heresy. There were two influential noblemen at the emperor's court, Eusebius and Philip, both of whom were ardent Arians. Under their influence, Patriarch Paul was ousted from the patriarchal throne and banished to Armenia, where the Arians strangled him. Then the dishonorable Macedonius seized the patriarchal throne. At that time Orthodoxy had two bitter struggles: against the pagans and against the heretics. Marcian and Martyrius interceded with all their strength and determination on the side of Orthodoxy. Marcian was a reader and Martyrius was a subdeacon at the cathedral church of Hagia Sophia; under Patriarch Paul they had been patriarchal notaries (secretaries). The Arians at first tried to bribe them, but when these holy men rejected this with scorn, the heretics condemned them to death. When they were brought to the executioner, they raised their hands and prayed to God, giving Him thanks for a martyr's end to their lives: "Lord, we rejoice that we depart from this life by such a death. Make us worthy to be partakers of eternal life. Thou art our life!" They placed their necks beneath the sword and were beheaded in the year 355 A.D. Later, St. John Chrysostom built a church in their name over their miracle-working relics.



The Holy Great Martyr Demetrius

This glorious and wonderworking saint was born in Thessalonica of noble and devout parents. Implored of God by childless parents, Demetrius was their only son, and so was raised and educated with great care. Demetrius's father was a commander in Thessalonica. When his father died, Emperor Maximian appointed Demetrius as commander in his place. As he appointed him, Maximian, an opponent of Christ, particularly recommended that he persecute and exterminate the Christians in Thessalonica. Demetrius not only disobeyed the emperor but openly confessed and preached the Lord Jesus Christ in the city of Thessalonica. When the emperor heard of this he became furious with Demetrius. Then, when he was returning from battle against the Sarmatians, Maximian stopped at Thessalonica to investigate the matter. The emperor summoned Demetrius and questioned him about his faith. Demetrius openly acknowledged his Christian Faith to the emperor and also denounced the emperor's idolatry. Maximian cast Demetrius into prison. Knowing what was awaiting him, Demetrius gave all his goods to his faithful servant Lupus to distribute to the poor, and joyfully awaited his imminent suffering for Christ the Lord. An angel of God appeared to him in prison, saying: "Peace be to you, O sufferer of Christ; be brave and be strong!" After several days, the emperor sent soldiers to the prison to kill Demetrius. The soldiers found the saint of God at prayer and ran him through with lances. Christians secretly took his body and honorably buried it. Healing myrrh flowed from the body of the martyr of Christ, curing many of the sick. Soon, a small church was built over his relics.

An Illyrian nobleman, Leontius, was afflicted with an incurable illness. He hastened, with prayer, to the relics of St. Demetrius and was completely healed. In thanksgiving, Leontius erected a much larger church on the site of the old church. The saint appeared to him on two occasions. When Emperor Justinian wanted to translate the relics of the saint from Thessalonica to Constantinople, flaming sparks sprang from the tomb and a voice was heard: "Stop, and do not touch!" And thus, the relics of St. Demetrius have remained for all time in Thessalonica. As the protector of Thessalonica, St. Demetrius has appeared many times, and on many occasions has saved Thessalonica from great calamity. His miracles are without number. The Russians considered St. Demetrius to be the protector of Siberia, which was conquered and annexed to Russia on October 26, 1581 A.D.



Reflection on St. Demetrius

A miracle of St. Demetrius of Thessalonica: Demetrius was a commander of Thessalonica during his life and remained so after his repose. People have felt his presence in Thessalonica, especially in times of great calamities. He protects the city, wards off misfortunes, repels invaders, and helps all who invoke his name. Here is a

wonderful example of his unusual aid to people in need. Once, the barbarians attacked Thessalonica and were unable to overtake it. Infuriated at this, they pillaged the countryside and bound and carried off two beautiful maidens whom they gave as a gift to their prince. These maidens knew how to embroider well. When the prince saw their handiwork, he said to them: "I hear that there is a great god in your land, Demetrius, and that he works great miracles. Embroider his face on this linen." The maidens told him that St. Demetrius was not a god but rather God's servant and the helper of Christians. At first, they refused to embroider the face of the saint, but when the prince threatened them with death, they carried out the command and completed the task by St. Demetrius's Day. On the eve of the feast, they looked at their embroidery and wept sorrowfully, as they had to spend the feast day in slavery and had to give that embroidered image of their beloved saint to an impious barbarian. Both maidens prayed to St. Demetrius to forgive them. Then St. Demetrius appeared to them and took them both away, as an angel had once taken the Prophet Habakkuk. He brought them to Thessalonica and set them in his church. A solemn all-night vigil was being celebrated, and many people were there. When they learned of the miraculous rescue of these Christian maidens, all glorified God and St. Demetrius, His great servant and commander.



| | 2022 Finance | a s |
|--|-----------------|-------------------------------|
| The Parish needs \$4,129.49/week to meet budget INCLUDING transfer to Building Fund | | |
| The Tarish needs (4,12).4) week to meet budget intel objinto transfer to bunding I und | | |
| Week | Amount Received | Difference from amount needed |
| June 5 | \$ 4,732.56 | \$ 603.07 |
| June 12 | \$ 3,775.00 | -\$ 354.49 |
| June 19 | \$ 5,173.00 | \$ 1,043.51 |
| June 26 | \$ 1,887.00 | -\$ 2,242.49 |
| July 3 | \$ 2,887.00 | -\$ 1,242.49 |
| July 10 | \$ 1,879.00 | -\$ 2,250.49 |
| July 17 | \$ 2,740.28 | -\$ 1,389.21 |
| July 24 | \$ 1,540.00 | -\$ 2,589.49 |
| July 31 | \$ 7,145.28 | \$ 3,015.79 |
| Aug 7 | \$ 5,047.28 | \$ 917.79 |
| Aug 14 | \$ 1,467.00 | -\$ 2,662.49 |
| Aug 21 | \$ 2,702.00 | -\$ 1,427.49 |
| Aug 29 | \$ 6,386.40 | \$ 2,256.91 |
| Sept 4 | \$ 2,552.00 | -\$ 1,577.49 |
| Sept 11 | \$ 3,539.39 | -\$ 590.01 |
| Sept 18 | \$ 2,930.00 | -\$ 1,199.49 |
| Sept 25 | \$ 4,136.21 | \$ 6.72 |
| Oct 2 | \$ 3,320.00 | -\$ 809.49 |
| Oct 9 | \$ 3,688.28 | -\$ 441.21 |
| Oct. 16 | \$ 3,364.00 | -\$ 765.49 |
| Oct. 23 | \$ 4,659.00 | \$ 529.51 |
| Oct. 30 | \$ 2,810.07 | -\$ 1,319.42 |
| Nov. 7 | \$ 3,718.64 | -\$ 410.85 |
| | | |
| Attendance: 129 | | |

Intercessory Prayer List

Metropolitan Jonah requests that you send him the full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for prayer, so that we may keep the list current.

LIVING: Sarah, Emmanuel, Mark, Claudia, Katherine, Erika, Victoria, Michael, Tate, Renate, Dieter, Rebekah, Sofia, Ioannis, Anastasia, Elizabeth, Georgia, John, Elena, Alice, Matthew, Boris, Elizabeth, Davis (Columba), Moses, Emma, Kristin, Monk Sergius, Priest John, Priest David, Priest Costa, Priest Michael, Presbytera Cindy, Priest George, Presbytera Areti, Nun Aimiliane, Priest Charalambos, Monk Serapheim, Elizabeth, Katje, Rachel, Mandi, Clive, Claire, Rebecca, Janis, Paisley, George, Archpriest Alexander, Steven, Millicent, Archpriest Victor, Matushka Masha, Pdn. Patrick, Matushka Joanna, Matushka Sophia, Mother Theodora, Archpriest Alexander, James, Leonidas, Sophia, Maria, Larry, Bill, Modestos, Ephraim, Reader Moses, Jo Ann, Sarah, Paul, Brianna, Robert, Baby Nina, Charley & Alexandra, Irina & baby, Rebecca, Priest Alexander Laymon, Archpriest Michael Sekela, Fr. Filipe and his family, Irene and John, Inna and Emma, Ronin O'Neill, Anastasia and Mila, Brody (Anthony) Lessin, Sophia Stylianopoulos, Olga Petrova and the baby, Mary Zupan and Lawrence, Sarah Francis, Jeanine Karam, Christina Kendrat, Alexa, Valentina, Victor, Maria, Max, Mark, Elena, Anna, Benedict

MEMORY ETERNAL: Mitch (Michael) Mine, Leonidas Stylianopoulos