

St. Herman's Orthodox Church

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July 2 2023 – 4th Sunday After Pentecost

Sunday: Hours and Divine Liturgy – 9:30 am

Saturday: Catechumen's Class - 3 pm Vespers and Confession – 5 pm

Tuesday: Monastery: Sarum rite Western Liturgy – 10 am including Potluck and 4th of July festivities

Wednesday: Confession – 4:30 pm **Vespers** – 6:30 pm **Adult Education Class and Potluck** – 7 pm
Potluck!

Holy Apostle Jude, the Brother of the Lord

St. Job, Patriarch of Moscow

St. John of Shanghai and San Francisco the Wonderworker

Luke 24:1-12 (4th Matins Gospel)

Romans 6:18-23 (Epistle)

Matthew 8:5-13 (Gospel)

Jude 1:1-10 Apostle

John 14:21-24 Apostle

Hebrews 7:26-8:2 St. Job

John 10:9-16 St. Job

Troparion and Kontakions:

Troparion of the Sunday, Tone III —

Let the heavens rejoice, / let the earth be glad! / For the Lord has shown might with His arm, / He has trampled down death by death. / He has become the first-born of the dead. / He has delivered us from the depths of hell, / and has granted the world great mercy!

Hymn to the Theotokos, Tone III —

We praise you as the mediatrix of our salvation, / O Virgin Theotokos. / For your Son, our God, Who took flesh from you, / accepted the passion of the cross, / delivering us from corruption as the Lover of man.

Kontakion of the Sunday, Tone III —

On this day Thou didst rise from the tomb, O Merciful One, / leading us from the gates of death. / On this day Adam exults as Eve rejoices; / with the prophets and patriarchs they unceasingly praise / the divine majesty of Thy power!

Holy Apostle Jude, Brother of the Lord, Troparion, Tone I —

Knowing thee to be the kinsman of the Christ/ and a steadfast martyr, O Jude,/ with sanctity we praise thee/ who trampled falsehood underfoot and preserved the Faith./ Wherefore, celebrating thy most holy memory today,// through thy supplications we receive remission of sins.

Kontakion, Tone II: "Seeking the highest..." —

As one who conversed with Paul,/ with him thou didst announce the proclamation of divine grace,/ O blessed apostle Jude,/ who hast uttered divine mysteries.// Wherefore, we cry out to thee: Cease thou never to pray for us all.

Kontakion, Tone II: "The steadfast..." —

Thou wast shown, for thine adamantine mind, to be the chosen disciple/ and a steadfast pillar of the Church of Christ,/ and thou didst preach the word of Christ to the nations,/ telling them to believe in the one Godhead;/ and, glorified by Him, thou hast received the gift of healings,// to cure the infirmities of those who have recourse unto thee, O most lauded apostle Jude.

Romans 6:18 – 23

- ¹⁸ And having been set free from sin, you became slaves of righteousness.
- ¹⁹ I speak in human terms because of the weakness of your flesh. For just as you presented your members as slaves of uncleanness, and of lawlessness leading to more lawlessness, so now present your members as slaves of righteousness for holiness.
- ²⁰ For when you were slaves of sin, you were free in regard to righteousness.
- ²¹ What fruit did you have then in the things of which you are now ashamed? For the end of those things is death.
- ²² But now having been set free from sin, and having become slaves of God, you have your fruit to holiness, and the end, everlasting life.
- ²³ For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Matthew 8:5 – 13

- ⁵ Now when Jesus had entered Capernaum, a centurion came to Him, pleading with Him,
- ⁶ saying, "Lord, my servant is lying at home paralyzed, dreadfully tormented."
- ⁷ And Jesus said to him, "I will come and heal him."
- ⁸ The centurion answered and said, "Lord, I am not worthy that You should come under my roof. But only speak a word, and my servant will be healed.
- ⁹ For I also am a man under authority, having soldiers under me. And I say to this one, 'Go,' and he goes; and to another, 'Come,' and he comes; and to my servant, 'Do this,' and he does it.
- ¹⁰ When Jesus heard it, He marveled, and said to those who followed, "Assuredly, I say to you, I have not found such great faith, not even in Israel!
- ¹¹ And I say to you that many will come from east and west, and sit down with Abraham, Isaac, and Jacob in the kingdom of heaven.
- ¹² But the sons of the kingdom will be cast out into outer darkness. There will be weeping and gnashing of teeth.
- ¹³ Then Jesus said to the centurion, "Go your way; and as you have believed, so let it be done for you." And his servant was healed that same hour.

Announcements

Food Pantry

We are now moving to a system of giftcards for food, groceries, and gas. Please contact Fr. Alexander Laymon for assistance
anevsky54@gmail.com

Limited Seating

The pews around the nave are placed there primarily for pregnant women, parents with small children, the aged and infirm. If you are young and healthy please be considerate of other parishioners and allow those who need to sit down a place to do so.



SEWING GUILD

The sewing guild meets every second Saturday of the month from noon until 2:30 pm to work on pattern making and other various projects for the church. Bring your sewing machine and white thread to help with these projects. No sewing experience is required; these are learn as you go projects.

SARITHSEWS@GMAIL.COM
THOSEMILLIGANS@GMAIL.COM



FLOWER Guild



Everyone is welcome to bring flowers for the chapel. Bringing flowers is a great opportunity to show love and thanksgiving to God. You can also commemorate your saint, a special person, or a special occasion. The sign up dates are set on Sundays, but if you wish to bring the flowers the day before, that is fine. Sundays are available through December 31, 2023.

[CLICK HERE TO
SIGN UP](#)

St. Herman is kicking off a new initiative this summer which is a Family Camping Trip. It is our hope that this will become an annual event. Lucie Myrekta is the coordinator. Please get in touch with her if you are interested in participating. Her contact information is below.

- Three St. Herman families have already committed to going.
- The dates that they have made reservations for are July 18-22. However, it is fine if you can not make it for exactly those dates as long as there is some overlap.
- The camping trip will be at Lost River State Park, Mathias, West Virginia.
- Families who are interested will need to make their own reservations.
- Some financial assistance is available.
- Everyone, from babies to grandparents, is encouraged to participate.

Lucie's contact info:

mobile - (414) 477 9601

paluki@protonmail.com



Prolog of Ohrid, July 2/June 19

https://www.ohrid-prolog.com/index.php?lang=en&prayer_date=2023-05-07

1. THE HOLY APOSTLE JUDE

Saint Jude was one of the Twelve Apostles. He was the son of Joseph and Salome(*) and the brother of James, the brother of the Lord. Joseph the carpenter had four sons with Salome [the daughter of Angeja, the son of Varahina, the brother of Zacharias]: James, Hosea, Simon and Jude. This Jude is sometimes called: "Jude, the brother of James" due to his brother being better-known (St. Luke 6:16 Acts 1:14). St. Jude begins his epistle in this manner: Jude, the servant of Jesus Christ and the brother of James (St. Jude 1:1). Even though he could be called the brother of the Lord as much as James, he did not do this, out of humility and shame, for he did not at first believe in Christ the Lord. When the elderly Joseph, before his death, wanted to leave a portion of his estate to Jesus, as well as to his other children, all of them protested, even Jude. Only James voluntarily set aside a share of his portion and intended it for Jesus. Jude is also called Levi and Thaddeaus. There is another Thaddeaus of the Seventy Apostles (August 21), but this Thaddeaus or Jude was one of the Great Apostles. Jude preached the Gospel throughout Judea, Samaria, Galilee, Idumedia, Syria, Arabia, Mesopotamia and Armenia. In Edessa, the town of Abgar, he augmented the preaching of the other Thaddeaus. When Jude was preaching in the regions around Ararat, he was captured by pagans, crucified on a cross and killed by being shot with arrows, that he might reign eternally in the Kingdom of Christ.

2. THE VENERABLE PAISIUS THE GREAT

Paisius was an Egyptian by birth and language. After a vision in a dream, his mother dedicated him to the service of God. As a young man, Paisius came to the Venerable Pambo, who received him as his disciple and as a fellow disciple of the Venerable John Kolovos [The Dwarf], who later wrote the biography of Paisius. To the joy of his spiritual father, Paisius added labor to labor and ascetic feat to ascetic feat. Many times the Prophet Jeremiah, whom he especially loved and often read, appeared to him. Angels of God often appeared to him and even the Lord Christ Himself. "Peace be with you, my beloved chosen one!" the Lord Christ said to him. By the great grace of God, Paisius possessed the special gift of abstaining from food. Often he did not taste bread for fifteen days, more often for a week, and once, according to the testimony of St. John the Dwarf, he went for seventy days without partaking of anything. He waged a great struggle with the spirits of evil, who appeared to him at times exactly as they are and at times in the form of radiant angels. But the blessed servant of God did not permit himself to be deceived and beguiled. Paisius was famous throughout Egypt as a clairvoyant and miracle-worker. He took up his habitation in eternity in the year 400 A.D. The Venerable Isidore of Pelusium translated the relics of Paisius to his monastery and honorably buried them.

3. THE HOLY MARTYR ZOSIMAS

Zosimas was a Roman soldier during the reign of Emperor Trajan. He courageously confessed his faith in Christ the Lord, for which he endured cruel tortures. In the midst of his tortures, he heard a voice from heaven saying: "Be brave Zosimas, and sign yourself with the cross, I am with you!" Angels of God appeared to him in prison. After many tortures, Zosimas was beheaded in the year 116 A.D.

4. THE VENERABLE JOHN THE HERMIT [ANCHORITE]

John lived a life of asceticism in the sixth century in the proximity of Jerusalem. Through his asceticism, he achieved a high degree of purity and power, so that even the wild beasts were submissive to him. John reposed in the Lord in extreme old age, in the year 586 A.D.

HYMN OF PRAISE

THE VENERABLE PAISIUS THE GREAT

Paisius the great from the earliest age
Behind him, the doors of all desires he closed.
His spirit to God he lifted, his only desire,
Like all the great saints of old.

Wonderful Paisius, the monks asked:
 "Which virtue to God is most pleasing?"
 "That which is hidden!" to them, Paisius replied,
 "And that which is made known is not pleasing to God."
 When Paisius, by his life, had glorified God,
 Unto him, the glorified Lord Christ appeared:
 "Peace be to you, O Saint. What do you wish? Tell me.
 According to your wish, so it will be. Ask and receive!"
 When, from the Lord, these words he heard,
 Paisius gave himself over to weeping like a child.
 "O gentle Lord, a man of great sin am I,
 And because of my many sins, greatly downcast am I.
 According to Your mercy, forgive me my sins,
 All my sins, O God, from my early youth.
 And for future times, grant me strength,
 That with new sins, my yoke, I will not burden,
 That to the end of my life, Your will I may do
 And with greater love burn for You."
 The Lord, this wise desire, fulfilled for him,
 And to His saint, granted a blessing.

REFLECTION

The monks once inquired of Paisius the Great: "Father, speak to us a word of salvation. How should we live according to God?" The elder replied to them: "Go and keep the commandments of God and preserve the traditions of the Fathers." The tradition of the Fathers is the experience of the saints in the spiritual field, the enormous experience of nearly two-thousand years, the experience of many hundreds and thousands of holy men and women. What an extremely rich depository of wisdom! What an immense mass of proofs of every truth of Holy Scripture! All that wealth, all that wisdom, all those proofs, all that experience, the Protestants have rejected! Oh, what inexpressible madness! Oh, the poverty of beggars!

CONTEMPLATION

To contemplate the miraculous healing of the two blind men: *And behold, two blind men sitting by the wayside, heard that Jesus was passing by, and cried out, saying: "Lord, Son of David, have mercy on us!"* (St. Matthew 20:30):

1. How the two blind men cried out to the Lord: *Lord, Son of David, have mercy on us!*;
2. How the merciful Lord touched their eyes and they saw;
3. How I also am blinded by sin; and how even I can see if I cry out to the Lord to touch me.

HOMILY

About revenge and the Avenger

"Say not, I will repay evil! Trust in the Lord and He will help you" (Proverbs 20:22).

Do not be vengeful; do not return evil for evil. The evil from your neighbor is sufficient. If you return evil for evil to him, you will double the evil in the world. If you do not return evil for evil to him, he can still burn away his evil through repentance. Thus, through patience and forgiveness, you will reduce evil in the world.

Do not be vengeful; do not return evil for evil, but wait on the Lord. He sees and remembers, and in your time both you and he who does evil will know that God sees and remembers. You ask yourself: What have I done in not returning evil for evil? You have done the wisest deed that you could do in the given situation, i.e., you have relinquished your struggle to the One stronger than yourself, and the stronger One will fight victoriously for you. If you enter into battle with the

evil doer, you might be defeated. But God cannot be defeated. Therefore, relinquish your struggle to the victorious and undefeated One and patiently wait.

Learn from a small child. If someone attacks a child in the presence of his parents, the child does not return the attack by attacking, but rather looks to his parents and cries. The child knows that his parents will protect him. How is it that you do not know what a little child knows? Your heavenly Parent is constantly beside you. Thus, do not be vengeful; do not return evil for evil; rather look to your Parent and cry. Only in this way will you guarantee victory for yourself in the conflict with evil men.

O Almighty Lord, Who said: Vengeance is Mine (Romans 12:19 Hebrews 10:30), protect us from the unrighteous ones by Your almighty hand, and restrain us from vengeance. Counsel us by Your Holy Spirit that the greater heroism is to endure rather than to avenge.

To Thee be glory and praise forever. Amen.

Intercessory Prayer List

Metropolitan Jonah requests that you send him the full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for prayer, so that we may keep the list current.

LIVING: Sarah, Emmanuel, Mark, Claudia, Katherine, Erika, Victoria, Michael, Tate, Renate, Dieter, Rebekah, Sofia, Ioannis, Anastasia, Elizabeth, Georgia, John, Elena, Alice, Matthew, Boris, Elizabeth, Davis (Columba), Moses, Emma, Kristin, Monk Sergius, Priest John, Priest David, Priest Costa, Priest Michael, Presbyteria Cindy, Priest George, Presbyteria Areti, Nun Aimiliane, Priest Charalambos, Monk Serapheim, Elizabeth, Katje, Rachel, Mandi, Clive, Claire, Rebecca, Janis, Paisley, George, Archpriest Alexander, Steven, Millicent, Archpriest Victor, Matushka Masha, Pdn. Patrick, Matushka Joanna, Matushka Sophia, Mother Theodora, Archpriest Alexander, James, Leonidas, Sophia, Maria, Larry, Bill, Modestos, Ephraim, Reader Moses, Jo Ann, Sarah, Paul, Brianna, Robert, Baby Nina, Charley & Alexandra, Irina & baby, Rebecca, Priest Alexander Laymon, Archpriest Michael Sekela, Fr. Filipe and his family, Irene and John, Inna and Emma, Ronin O'Neill, Anastasia and Mila, Brody (Anthony) Lessin, Sophia Stylianopoulos, Olga Petrova and the baby, Sarah Francis, Jeanine Karam, Christina Kendrat, Alexa, Valentina, Victor, Maria, Max, Mark, Elena, Anna, Benedict, Fr, Mark Grant and family

MEMORY ETERNAL: Andrew Geracoulis, Maria Papademetriou

