

St. Herman's Orthodox Church

60 Clifton Chapel Lane, Stafford, Virginia 22555 –
Mailing Address: P.O. Box 1295, Stafford, VA 22555 –
Website: www.sthermanorthodox.org

Metropolitan Jonah (Paffhausen), Rector – 214.991.0876 metjonah@gmail.com

Priest Alexander Laymon, Assistant Rector – 540.212.1855 anevsky54@gmail.com

Priest Mark Grant, Attached – 804.925.5888 frmarkgrant@gmail.com

Archpriest Alexander Webster, Retired Attached – 703.297.7744 chaplain.webster@gmail.com

Hierodeacon Mark Sanford, Deacon – sanfordm@me.com

August 13 2023 – 10th Sunday After Pentecost

Sunday: Hours and Divine Liturgy – 9:30 am

Saturday: Catechumen's Class – 3 pm **Vespers and Confession** – 5 pm

Wednesday: Confessions – 4:30 pm **Vespers** - 6:30 pm **Class and Potluck** – 7:00 pm

Righteous Eudocimus of Cappadocia (9th c.).

New Martyrs Benjamin, metropolitan of Petrograd, and those with him: Archimandrite Sergius and George and

John of Petrograd

Meal Team 2

John 21:1-14 (10th Matins Gospel)

1 Corinthians 4:9-16 (Epistle)

Matthew 17:14-23 (Gospel)

Romans 8:28-39 Martyr Benjamin and those with him

Luke 21:12-19 Martyr Benjamin and those with him

Troparion and Kontakions:

Troparion of the Sunday, Tone I –

When the stone had been sealed by the Jews; / while the soldiers were guarding Thy most pure Body;
/ Thou didst rise on the third day, O Savior, / granting life to the world. / The powers of heaven therefore
cried to Thee, O Giver of Life: / Glory to Thy Resurrection, O Christ! / Glory to Thy Kingdom! / Glory
to Thy dispensation, O Thou Who lovest mankind.

Hymn to the Theotokos, Tone I –

When Gabriel announced to Thee, O Virgin, “Rejoice!” / with that word the Master of all was incarnate
in Thee, O Holy Ark. / As the righteous David said, / Thy womb became more spacious than the heavens,
bearing Thy Creator. / Glory to Him Who took abode in Thee! / Glory to Him Who came from Thee! /
Glory to Him Who freed us by being born of Thee!

Kontakion of the Sunday, Tone I –

As God, Thou didst rise from the tomb in glory, / raising the world with Thyself. / Human nature praises
Thee as God, for death has vanished! / Adam exults, O Master! / Eve rejoices, for she is freed from
bondage, and cries to Thee: / Thou art the Giver of Resurrection to all, O Christ!

Holy & Righteous Eudocimus, Troparion, Tone IV –

He Who hath summoned thee from earth to the mansions of heaven/ also pre-serveth thy body
incorrupt after death, O holy Eudocimus,/ for thou didst live in chastity and a pure life,/ without defiling
thy flesh, O blessed one.// Wherefore, entreat Christ God with boldness, that we may be saved.

Forefeast of the Procession of the Cross, Troparion, Tone I –

O Lord, save thy people/ and bless Thine inheritance,/ grant victory unto Orthodox Christians/ over
their adversaries./ And by virtue of Thy Cross,// preserve Thy habitation.

Kontakion of the Saint, Tone II –

Desiring Higher things,/ and uniting thyself with those on high,/ thou didst make thy soul a fiery chariot by the divine ascents of the virtues,/ O all-blessed Eudocimus;/ and living on the earth like one of the incorporeal ones,// thou wast well pleasing to the Creator of all.

1 Corinthians 4:9 – 16

- ⁹ For I think that God has displayed us, the apostles, last, as men condemned to death; for we have been made a spectacle to the world, both to angels and to men.
- ¹⁰ We are fools for Christ's sake, but you are wise in Christ! We are weak, but you are strong! You are distinguished, but we are dishonored!
- ¹¹ To the present hour we both hunger and thirst, and we are poorly clothed, and beaten, and homeless.
- ¹² And we labor, working with our own hands. Being reviled, we bless; being persecuted, we endure;
- ¹³ being defamed, we entreat. We have been made as the filth of the world, the offscouring of all things until now.
- ¹⁴ I do not write these things to shame you, but as my beloved children I warn you.
- ¹⁵ For though you might have ten thousand instructors in Christ, yet you do not have many fathers; for in Christ Jesus I have begotten you through the gospel.
- ¹⁶ Therefore I urge you, imitate me.

Matthew 17:14 – 23

- ¹⁴ And when they had come to the multitude, a man came to Him, kneeling down to Him and saying,
- ¹⁵ Lord, have mercy on my son, for he is an epileptic and suffers severely; for he often falls into the fire and often into the water.
- ¹⁶ So I brought him to Your disciples, but they could not cure him.
- ¹⁷ Then Jesus answered and said, "O faithless and perverse generation, how long shall I be with you? How long shall I bear with you? Bring him here to Me."
- ¹⁸ And Jesus rebuked the demon, and it came out of him; and the child was cured from that very hour.
- ¹⁹ Then the disciples came to Jesus privately and said, "Why could we not cast it out?"
- ²⁰ So Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you.
- ²¹ However, this kind does not go out except by prayer and fasting.
- ²² Now while they were staying in Galilee, Jesus said to them, "The Son of Man is about to be betrayed into the hands of men,
- ²³ and they will kill Him, and the third day He will be raised up. And they were exceedingly sorrowful.

Announcements

Food Pantry

We are now moving to a system of giftcards for food, groceries, and gas. Please contact Fr. Alexander Laymon for assistance anevsky54@gmail.com

Limited Seating

The pews around the nave are placed there primarily for pregnant women, parents with small children, the aged and infirm. If you are young and healthy please be considerate of other parishioners and allow those who need to sit down a place to do so.



SEWING GUILD

The sewing guild meets every second Saturday of the month from noon until 2:30 pm to work on pattern making and other various projects for the church. Bring your sewing machine and white thread to help with these projects. No sewing experience is required; these are learn as you go projects.

SARITHSEWS@GMAIL.COM
THOSEMILLIGANS@GMAIL.COM



FLOWER Guild



Everyone is welcome to bring flowers for the chapel. Bringing flowers is a great opportunity to show love and thanksgiving to God. You can also commemorate your saint, a special person, or a special occasion. The sign up dates are set on Sundays, but if you wish to bring the flowers the day before, that is fine. Sundays are available through December 31, 2023.

[Click Here to Sign Up](#)

1. SAINT EUDOCIMUS

Eudocimus was born in Cappadocia of devout parents, Basil and Eudocia. At the time of the Emperor Theophilus (829-842 A.D.), Eudocimus was a young officer in the army. Even as an officer, he exerted all his effort to live according to the commandments of the Holy Gospel. Preserving his purity undefiled, he avoided conversing with any woman except his mother. He was merciful toward the unfortunate and needy, conscientious in reading holy books, and even more conscientious in his prayers to God. He avoided vain amusements and idle talk. "Amid the throngs and worldly vanity, he was a lily among thorns, and as gold in the fire." Because of his extraordinary virtues the emperor appointed him governor of Cappadocia. In this high position, Eudocimus strove to be righteous before God and men. By God's providence he died at an early age, in his thirty-third year. His relics were found to possess healing properties. An insane man touched his tomb, and was immediately healed; likewise a paralytic child stood up and was made whole. After eighteen months, his mother opened his coffin and found his body to be as though it were still alive, without any signs of decay or corruption. A wonderful fragrance arose from it. His relics were later translated to Constantinople and buried in a new church dedicated to the Holy Theotokos, built by the parents of this righteous Eudocimus.

2. THE HOLY FEMALE MARTYR JULITTA

Julitta was from Caesarea, in Cappadocia. When she had a dispute with her neighbor over some property, the neighbor went to the judge and denounced Julitta as a Christian, which at the time placed her outside of the protection of the law. St. Julita gladly denied her property rather than her Faith. However, even after this the evil pagans did not leave her in peace, but tortured her, and finally burned her to death in the year 303 A.D. Thus, this follower of Christ sacrificed her estate and her body for the sake of the eternal salvation of her soul.

3. SAINT JOSEPH OF ARIMATHEA

The noble Joseph, a wealthy man and member of the Jewish Sanhedrin, was secretly a follower of Christ. Now when it was evening, there came a certain rich man of Arimathea, Joseph by name, who was himself a disciple of Jesus (Matthew 27:57); Now after these things Joseph of Arimathea, because he was a disciple of Jesus (although for fear of the Jews a secret one), besought Pilate that he might take away the body of Jesus (John 19:38). Joseph and Nicodemus removed the body of Christ from the Cross, and placed it in Joseph's sepulchre. As a result of this he was bound by the Jews and thrown into prison. There the resurrected Lord appeared to him and convinced him of His resurrection. The Jews later released Joseph from prison and banished him from his fatherland. He traveled throughout the world preaching the Gospel of Christ, and brought the good tidings [news] even to England, where he reposed in the Lord.

4. SAINT JOHN THE EXARCH

John was a distinguished Bulgarian priest and theologian during the time of Tsar [Emperor] Simeon (892-896 A.D.). He translated the Hexaemeron [Six Days] of St. Basil and the Exact Exposition of the Orthodox Faith of St. John Damascene into Slavonic. He died peacefully in the Lord..

HYMN OF PRAISE

SAINT JOSEPH OF ARIMATHEA

Joseph, a wealthy and noble man,
Was not tempted concerning Christ the Crucified,
But when the sun darkened and the earth shook,
He, to Pilate, went and brought him news
That the Lord had died, the Giver of life;
And so the secret disciple became public.
And when the Revealed one was concealed, the concealed one came
out into the open,
Thus Joseph, the wise, in a day became famous.

With Nicodemus, the body of Christ he took,
 And in his garden, in a new tomb, laid it.
 The Jewish spies heard and reported it,
 And in chains, the righteous Joseph they put.
 In the dark prison, Joseph languished
 While his Lord in hades shone forth.
 Joseph pondered his memories of Christ,
 Recalling His wondrous works,
 And His miracles, sayings and prophecies many.
 While near Him, he had stood in the presence of God:
 But now all was dark, without and within.
 Dark days, nights, evenings and mornings,
 After the brilliant radiance of the shining sun!
 Oh, desperate darkness, darker than hades!
 But lo, suddenly in the dungeon it is dawn;
 The Risen One appears to the fettered servant.
 O Joseph, brave and noble,
 Neither, concerning the Risen One, were you tempted.
 Of the death of Christ, Pilate you informed,
 And recognized and glorified the Risen One.
 Let the land of Britain honorably glorify you,
 For you sowed her first seed of salvation..

REFLECTION

Ascetics in the wilderness labor to cut off their own will and live according to the will of God. Some erroneously think that the hermit lives completely in isolation. No hermit thinks this. He lives in the company of God, His angels and the saints. Wherever a man's mind is, there also is his life. The mind of the hermit dwells among the greatest, most pure and most numerous company in which a man can possibly dwell. Abba Mark once reproached St. Arsenius the hermit: "For what reason do you flee from our company and from conversation with us?" Arsenius replied: "God knows that I love you all, but I cannot be with both God and man. In heaven, thousands, and thousands of thousands have but one will; but with men there are many and various wills. That is why I cannot leave God, and be with men."

CONTEMPLATION

To contemplate the punishment from God that befell Abimelech and the Shechemites (Judges 9):

1. How Abimelech, with the help of the men of Shechem, slew seventy of his brethren;
2. How Abimelech then slew the Shechemites, plowed their city under and sowed it with salt;
3. How, after many victories, Abimelech was killed by a woman who hurled a piece of a millstone onto his head from a tower;
4. How the curse of Jotham, the son of Gideon, came upon the Shechemites and Abimelech.

HOMILY

About the last awaiting

"Wherefore, beloved, seeing that ye look for such things, be diligent that you may be found of him in peace, without spot and blameless" (2 Peter 3:14).

Brethren, what is our last awaiting? In the night, we await the day, and in the day, we await the night; and again the day, and again the night. But this awaiting is not our last awaiting. Brethren, what is our last awaiting? In times of joy we tremble, waiting for sorrow; and in sorrow, we wait with hope for joy; and again sorrow, and again joy. But not even these awaitings are our last awaiting. Brethren, our last awaiting is the awaiting of the judgment of God. When the judgment of God comes--the Dreadful Day which burns like a furnace (Malachi 4:1)--then we receive all that we deserve; for some it will be a day that changes not into night, while for others it will be night that changes not into day; joy for some, without change into sorrow, and sorrow for others, without change into joy. Brethren, that is the last awaiting of the human race--whether we know it or not; whether we think about it or not.

Yet, you faithful should know this, and should think about it. Let this knowledge be the zenith of all your knowledge, and let this thought direct all your other thoughts. To the knowledge and contemplation of all this, add that which is most important: your diligence, that you may be found of Him in peace without spot and blameless [pure and blameless]. Be diligent to be pure in mind and in heart, blameless in your conscience and at peace with God. Only then will the last awaiting not terrify you with its unexpectedness, nor will it hurl you into the night without day, or into the sorrow without joy. As everything else in the life of the Lord Jesus was unexpected by man, so also His Second Coming will be unexpected--in power and glory. Unexpected was His birth of the All-holy Virgin; unexpected was His poverty; unexpected was His miracle-working, His every word, His humiliation and voluntary death, His Resurrection, His Ascension, His Church and the spreading of His Faith. His Second Coming too will be unexpected--a shock more fearful than all others.

O Lord, O righteous Judge, how shall we meet You, who are not clad in purity, in blamelessness or in peace? Help us! Help us--that we may prepare, as much as possible, for the dreadful encounter with You.

To Thee be glory and praise forever. Amen.

Metropolitan Jonah requests that you send him the full name and general reason for intercessory prayer (such as health or illness, unemployment, family issues, military deployment to Afghanistan, etc.) for his pastoral care. Only the names of the living (and recently deceased) will be included in the prayer list in the weekly bulletin. He also requests that the faithful who have requested intercessory prayers for various persons let him know when there is no longer a specific need for prayer, so that we may keep the list current.

LIVING: Sarah, Emmanuel, Mark, Claudia, Katherine, Erika, Victoria, Michael, Tate, Renate, Dieter, Rebekah, Sofia, Ioannis, Anastasia, Elizabeth, Georgia, John, Elena, Alice, Matthew, Boris, Elizabeth, Davis (Columba), Moses, Emma, Kristin, Monk Sergius, Priest John, Priest David, Priest Costa, Priest Michael, Presbytera Cindy, Priest George, Presbytera Areti, Nun Aimiliane, Priest Charalambos, Monk Serapheim, Elizabeth, Katje, Rachel, Mandi, Clive, Claire, Rebecca, Janis, Paisley, George, Archpriest Alexander, Steven, Millicent, Archpriest Victor, Matushka Masha, Pdn. Patrick, Matushka Joanna, Matushka Sophia, Mother Theodora, Archpriest Alexander, James, Leonidas, Sophia, Maria, Larry, Bill, Modestos, Ephraim, Reader Moses, Jo Ann, Sarah, Paul, Brianna, Robert, Baby Nina, Charley & Alexandra, Irina & baby, Rebecca, Priest Alexander Laymon, Archpriest Michael Sekela, Fr. Filipe and his family, Irene and John, Inna and Emma, Ronin O'Neill, Anastasia and Mila, Brody (Anthony) Lessin, Sophia Stylianopoulos, Olga Petrova and the baby, Sarah Francis, Jeanine Karam, Christina Kendrat, Alexa, Valentina, Victor, Maria, Max, Mark, Elena, Anna, Benedict, Fr, Mark Grant and family, Yianni Tsapos

MEMORY ETERNAL:

